



Essential Information 2011-2012

Coaches

Bill Rattunde (HS)
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(608) 347-4708

Steve Swenson (MS)
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Molly Sygulla
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Peter Hyson, hyson.p@gmail.com, (518) 524-9746 (through Dec.)

This program is for High School students, grades 9-12, and Middle School students, grades (5)6-8, of all abilities. Skiers will focus on technique for skate and classical skiing along with developing fitness through strength, speed and endurance workouts. Races are optional and are held on weekends at varying venues around the state and on Tuesday nights at Elver Park. For exact practice schedule and description see www.madnorski.org and go to the Youth page.

Cost

Membership – Blackhawk Individual Student \$60 or Family \$175

The HS fee is \$250 per student for season (November 1st through March 8th)

The MS fee is \$200 per student for the season (December 1st through March 5th)

Register through www.blackhawkskiclub.org

Equipment

First year skiers: Available at no cost

Returning skiers: Must own boots, \$100 rental fee for any other equipment

\$100 security deposit: Required for all equipment; to be returned at end of season depending on condition of equipment.

Practice Schedule

HS practice Monday through Thursday 5:15-6:45

MS practice Monday & Wednesday 5:15-6:45

Tuesdays in January and February 6:15-7:30 when club races are held at Elver Park.

Second Monday of every month (Nov. – March) – MadNorSki Club Meeting

Practice times will vary slightly during the season. All up-to-date information for each week will be posted on the youth page of the Madnorski webpage at www.madnorski.org.

Updates will be made by **4:00pm** day of practice so please check the website and email before you come.

Practice locations will be mainly Blackhawk Ski Club, Elver Park, Eagle School and Pleasant View Golf Course and will change due to weather conditions.