Cross-Country Skiing for Everyone MARCH 2002 MIK,

News for the members of the Madison Nordic Ski Club

Vol. 21

No. 5

- A WORD FROM JIMMY -

The Suitcase of Courage

IMMEDIATELY, ALL

MY PALS SURGED

By JIMMY VANDEN BROOK, PRESIDENT



hrough a minor meteorological miracle, the 29th running of the American Birkebeiner actually took place. Timely snow saved the race from one of the worst skiing winters in mem-

ory. So, despite a collective deficit of training time, the annual pilgrimage to the

greatest show on snow was a go. On Friday, it seemed like there was a little more excitement in the air at Telemark as skiers realized that their entry fee wasn't going to be wasted. And more than one participant was wondering if they were really ready for the Saturday morning jaunt. For some, including myself, the contest would require tapping physical reserves that were a little on the slim side.

Because we are going to Norway for the Norwegian Birkebeiner in March, I decided to stride the Ameri-

can version, something I haven't done since 1987. I knew this would be a slower event for me but after having had a really enjoyable race at the North End Classic two weeks before, I was cautiously optimistic. While the North End Classic was only 23K, I had perfect kick that day thanks to Willi Van Haren's willingness to share his magic juju wax (can't share the formula). So, on Birkie race morning I figured I would ride that same horse to glory. Unfortunately, at the Birkie start line, as the sky began to spit a warm rain, it appeared things might turn out a bit different this day.

Though I was feeling a little start line angst, I was suddenly surrounded by

familiar faces, all smiling and talking and wishing each other well. Carolyn Senty was showing off her trusty Fischer's with Birkie stickers going back to 1991 and no more room on the top sheet for 2003! Karl Heil, our grooming god from Blue Mounds was there and he was striding too. And I could see Tom Hooyer was striding, and there was Brian Watzke, and many more ready to go. Finally, the gun went off

> and I was going to find out what I was carrying in my suitcase of courage.

Immediately, all my pals surged forward and away from me like galaxies in an expanding universe. I knew right away that this gotten ones, and see how

FORWARD AND would be a day to learn AWAY FROM ME new lessons, relearn for-LIKE GALAXIES IN many times I'd have to open the suitcase. Phil Liggett, former Tour de AN EXPANDING France rider, turned announcer, coined the UNIVERSE. phrase, "suitcase of courage", in describing poor Jan Ulrich as he suffered defeat at

the hands and legs of Lance Armstrong on a mountain climb in the 2001 Tour. As Ulrich watched Lance pull away he had to summon the will to keep going even though he knew he would lose. Liggett commented that Ulrich would have to "dig deep into the suitcase of courage" to hold his ground.

Now the Birkie is not the Tour, and I'm more like Pee Wee Herman than Jan Ulrich, but everybody who does this race has moments when they have to reach for that something extra. For me, the 2002 Birkie provided many opportunities to rummage through the suit-

(SEE COURAGE, CONTINUED ON PAGE 13)

OUR NEXT MEETING

Monday, March 11th, 2002 Shorewood **Community Center**

Agenda

6:30: Pot Luck! We will be eating and socializing! 7:30: Awards and a short meeting.

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Madison Area Schools Have Strong Showing at State Meet.

By Don Fariss

he 21st Annual running of the Wisconsin High School State Cross Country Ski Championships took place February 9-10 in Rib Lake, Wisconsin. Madison West team leader Ben Cline placed third a year ago and so expected to do well this year. He thought his main competition would come from Donovan Dums of Hayward and Oh Boy! was he right.

Ben started Saturday's freestyle race feeling a little uncomfortable about the captives implication that he would "glide" to victory. Because the race was an interval start style, Ben did not learn he had bested Donovan by a mere second over 7 kilometers in 18 minutes of racing until the results were posted.

Sunday's classical event was one whale of a race, as Ben and Donovan battled for the boys overall title. Ben was given his one second lead in the starting blocks and led the pursuit-style race for a while,

then purposely dropped back hoping that Donovan would tire or feel pressured with the lead.

The strategy may have worked as Donovan fell at the 5 km. mark and Ben sprinted home with a 6 second lead.

(Flashback: two years ago, Ben Cline was the first receipt of the Most Improved High School Skier of the Year by the

skinnyski.com web page. You can read the funny story about his freshman year High School Championships experience [where he placed 47th and 58th] by going to: http://www.madnorski.org/ benmoimp.html)

The Madison West boys team (composed of Ben, Hans Stege, Tom Richner, Paul Kronser, Rider Clauss, John Buechner, Nathan Schiesser and Sam Crossley) tied for 4th in the pursuit and were an exciting 2nd in the team classical results (for which no awards are given — Dang!).

The up & coming Madison Memo-



Ben Cline with fellow overall pursuit champion Maria Stuber of Waukesha West.

BEN STARTED
SATURDAY'S FREESTYLE
RACE FEELING A LITTLE
UNCOMFORTABLE ABOUT
THE CAPTIVES
IMPLICATION THAT HE
WOULD "GLIDE" TO
VICTORY.

they could be capable of next year with a strong focus on year-round ski training.

The young Madison West girls (Erin McMahon, Emily Dunn, Mikaela Robertson, Karen Stolzenberg and Martha Sample) and the Middleton girls (the Zach rial girls team
(Amanda Durkin,
Kristin Gallagher,
Louise Jones,
Marta Drew, Brittany Alioto and
Kelly McClurg)
placed a strong
6th among the 14
participating
girls teams,
showing what

triplets Amanda, Michelle & Nicole) had fine showings and show great promise in the coming years.

Maria Stuber of Waukesha West won the individual girls' overall title. It seems ironic that this year's overall champions are from the portion of the state that has had the least amount of snow. Team titles went out to the Haywards boys, and Lakeland Girls — both teams winning by wide margins. *



Ben Cline (at left) and the fellow who was ultimately runner-up, Donovan Dums at the start of the classical portion (second half) of the pursuit race at Wisconsin High School Championships.

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- WHAT ARE THE SILVER SKIERS DOING?-

Silver Ski Update

BY GREG JONES

he Silver Skiers have been meeting weekly all winter long. We have been skiing on any snow that has been available. One night when there was no snow we double poled through the standing water on the ice rink at Elver wearing our sneakers.

We took a team up to the High School Championships, which were held in Rib Lake on February 9th and 10th. We had both a girl's team and a boy's team competing in the Middle school division. The format was to run a freestyle race on Saturday and then a classical race on Sunday. In both events there was a team competition to be decided by points awarded to the top 3 finishers of each team. Awards were give to the top ten individual finishers in each race.

In Saturday's freestyle event, the girl's placed 2nd as a team. Placing in the top ten were Rachel Fanney 3rd and Emily Ricker 8th. The boys won FIRST place as a team! There were two Silver Skiers in the top ten, Noah Kenoyer 3rd and Ansel Schimpff 4th.

For the classic race on Sunday the





The Silver Skiers who went to the HS Championships, from left to right: Rachel Fanney, Corrina Jones, Emily Ricker, Ross Nordenberg, Birken Schimpff, Ansel Schimpff, Noah Kenover, Neal Smith, and Ben Taylor.

girl's team came in second place, missing first by only one point. All three of the girls came in the top ten, Emily Ricker 6th, Corrina Jones 9th

and Rachel Fanney was 10th. The boy's also came in second as a team. They had three skiers in the top ten. Noah Kenoyer 4th, Ansel Schimpff 5th and in his first year racing Ben Taylor was 9th. (Is there some advantage in being named Ben?). Also racing for the boy's team was Neal Smith and Ross Nordenberg who filled a valuable role by displacing other skiers down the result list.

No matter how hard we tried we could not squeeze any of the predicted snow out of the sky Saturday night. The waxing for the classic race became very difficult. The trail was a thin layer of hard ice with a small amount of old dirty loose corn snow on top. There was no track set. All of the racers were complaining of no grip. The High School race before us was turning into a "double pole derby". We finally found some success with silver klister. We should have known all along that silver klister on the bottoms of the Silver Skiers' skis was a winning combination. *

Four Floors Above the Rest

By HARRY LUM

o you're the "outdoorsy" type. Where do you go for Nordic skiing, running, canoeing, camping, etc., equipment? In Madison, we are lucky to have Fontana located downtown

at the corner of State and Johnson. They have four floors of toys for playing outdoors in all four seasons.

Fontana has a long history. Fontana Army/Navy was founded in 1948 in Fontana, Wisconsin by Clarence and Beatrice Hutchinson. It started as a true Army/ Navy store but soon diversified into hunting, fishing and camping equipment. It is still there today under the name of Fontana Outdoor Sports run by Robert Hutchinson.

The Hutchinson family are true silent sports enthusiasts. In 1972, John Hutchinson opened Fontana Sports Specialties at 124 State Street. It quickly grew and in 1974, the store moved to its pre-

sent location at 251 State Street. John and his wife, Judith along

with

their daughter Elizabeth and son John are all active in the store activities.

Let's start at the top. On the third floor they have cross country skiing, down-

hill skiing and fly fishing. They car-

ry a full line of Swix products and on every Tuesday night from 6-8 they have a

Swix rep Jon Theis. It was well attended and very informative.

On the second floor you will find snow shoes, camping equipment, adventure clothing and climbing gear.

When you walk in the first floor you will be greeted with outdoor clothing, eye-

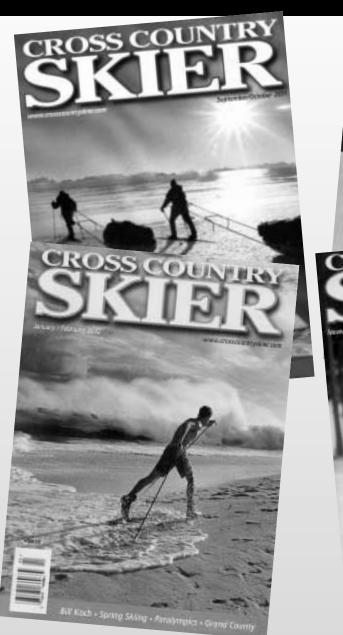
wear and clothing accessories. But don't forget to go downstairs where you will find scuba gear, footwear, inline skates, snowboards, swim wear, running apparel and the ski workshop.

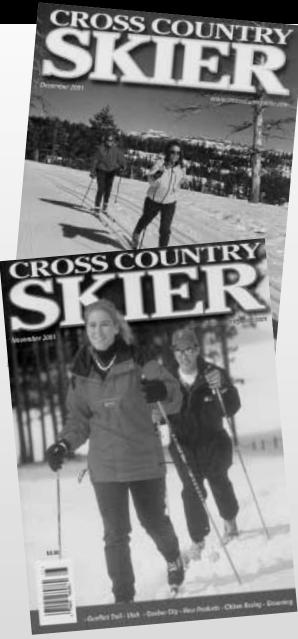
John loves the trade shows with all the different type of gear and equipment and it shows in the store. He still believes in providing the best gear for all his customers. So come to Fontana and experience the Adventure. *





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MadNorSkis Score Noquemanon Knock-Out

BY MADELINE URANECK

f you can say it, you can ski it: No -KAY - Men - On.

On January 26, 2002, the Upper Peninsula's Noquemanon launched its 4th annual point-to-point ski marathon with 900 skiers gliding across a long, icy lake and right into the steep and beautiful hills that surround Marquette, Michigan.

Once again, the Noquemanon attracted a couple dozen MadNorSki skiers who made the 8 hour trek from Madison. Once again, Madison skiers took home their share of gold. Age-group winners at the Noquemanon are awarded bright gold bells, cast in Norway, and all participants sport high quality "Noquemanon" ski hats and an earto-ear grin that comes from a day well spent climbing, gliding, and careening.



Walter and Stacey Meanwell (who came in 66th overall for women in the 2002 Birkie!), pause for a photo-op after the race.

If you haven't yet tried this event, consider it for a future year. Racers benefit from a long and challenging race, early in the season, and non-racers find ample and beautiful ski attractions, like Blueberry Ridge Trails, in the immediate area.

The Noquemanon Ski Marathon grew out of the dissolution of the Red Earth Loppet, and organizers of this venerated Upper Peninsula event loaned advice and support to get the new event started. Calling itself, "the Midwest's most scenic course," the race sports spectacular views — a couple of Lake Superior, and, after a 400 foot climb, a snowscape of black, blue, and white, as the panting skier glimpses the glacial formations of lakes strewn across the Mead High-



Madeline Uraneck and Willi Van Haren hitch a ride to the Noquemanon with pilot Jack Kussmaul.

lands. It also boasts a classy finish, as skiers hustle right to the back door of Marquette's Superior Dome, usually reserved for Northern Michigan University's ice hockey games, but converted for an day into a steamy soup, shower and sauna mecca.

This year, with 10 Km chopped off its long race due to scanty snowfalls, the Noquemanon offered 42 Km or 23 Km distances, in both classical and freestyle. One of the highlights for me was participating in the early morning start for the 42 Km classical race, and entering an immediate white, misty Zen trance as I hobbled and double-poled over six long kilometers of imperfect ice on Dead River Basin. "Just like the start of Engadin, in Switzerland" quipped a skier better-traveled than I. From the back of the pack, I had the remarkable view of 145 skiers stretched out like a long snake weaving down the river.

The classical skiers got a significant head start, and the fastest, Swedish native Magnus Eriksson, was at the Dome in a smoking 1:49:3. Norway's Unni Oddegard lead the women in 2:07:19. I was huffing atop that above-mentioned hill overlooking the Highlands, when BANG, a distant gunshot went off back on the lake. Not too many moments later, I had a near-Olympic experience, as an elite pack of skaters swooshed by (men headed by Brian May, Duluth (1:44:31), Dale Niggemann in hot pursuit, and JoAnn Hanowksi, Duluth, leading the women). Lean, finely tuned bodies, hardly panting, only their lycra colors screamed in the quiet woods. *

I Demand A Recall!

BY DAVE CALHOON, EX-PRESIDENT

s an ex-president, I have tried not to interfere in the day-today operation of the club. Rather, I have tried to remain on the sidelines and only offer my opinion when asked. I had high hopes that my successor would build upon the solid foundation that generations of MadNorSkiers before him had established. But there are times when it becomes necessary for even the meekest to speak out. This is surely one such time. Consider the state of our club today. Over the course of President Vanden Brook's three terms, we have seen some of the worst snow and weather conditions in living memory. With the exception of one big dump in December of 2000—the minimum Vanden Brook could get by with and still stay in office-they have been basically awful. He himself has admitted in the pages of this newsletter that his own production of hot air and overblown snow projections have negatively affected our winter weather. But the problem goes beyond weather -way beyond.

For example, my repeated pleas to begin all club events with either the Pledge of Allegiance or Star-Spangled Banner have fallen on deaf ears. I found his "compromise" proposal to start all events with an instrumental version of "Let It Snow" to be totally inadequate. Has our snow disappeared due to Vanden Brook's production of hot air alone? Hardly. Reliable sources on the board inform me that, as early as 1999, Vanden Brook was trading snow futures at below-market rates with the Salt Lake Olympic Organizing Committee. Thus, in a typical conservative, supply-side economic gambit, Vanden Brook took from those in need in order to give to those who already have too much.

Not only that, but Vanden Brook formed various secret partnerships to keep the club's snow debt off the books, misleading members and contributors and inflating the club's apparent net revenues and assets.

(SEE RECALL, CONTINUED ON PAGE 8)

MadNorSkis at the Mora Vasa-Loop-It

BY SCOTT BACHMEIER



Scott Bachmeier at one of his favorite races, the Mora Vasaloppet well worth the trip!

_ handful of us MadNorSkis made Tthe trip to Minnesota to compete in the 30th annual Mora Vasaloppet. The Pre-Birkie and the North End Classic were held on that same weekend, which were tempting to me, but I just had to return to Mora for what has become one of my favorite races of every season. Lack of snow and incredibly warm temperatures (50's a few days before the race) threatened to add the Vasaloppet to the long casualty list of 2001/2002 ski races, but they relied on the backup plan of holding shorter versions of the 58km/42km/35km races on still-frozen Knife Lake.

The idea of driving that far to ski loops around a lake gave me pause, but a little bird told me that a last-minute snow event might just make it worth the trip. I have always been amazed at the grooming expertise of the Mora trail crew, and this year was no exception— as a classical skier, I was euphoric upon arrival at the sight of two sets of near-perfect tracks, deep, firm, and fast. How do they do it?

I really like Mora because the course is relatively flat, which gives me a good opportunity to really work on my classic technique. The even-flatter Knife Lake course allowed me to fall into a wonderfully enjoyable rhythm using double-pole-with-kick, which I ended up doing for about 75% of my two 15-km laps.

As always, the volunteers made the Mora Vasaloppet all the more memorable. Add to that the blueberry soup, and you have one of the classiest and most rewarding races in the region. Consider giving it a try next season! *

Skiing With the Big Shots

BY LOUISE JONES

60Т то "ОО" І

WAS A NERVOUS

WRECK ASKING

MYSELF WHY I

WAS THERE ..."

aturday morning I woke up at 6:45 after a horrible night's rest and my first thought was, "Oh my gosh! I have a race this afternoon." I was to do my first Central Cross-Country (CXC) ski race. CXC races are where you get points to qualify for the Junior

By the tim nervous wre was there are ched out and checked out and tested in qualify for the Junior

"BY THE TIME I

I tried out my skis that morning trying to decide whether to use my new ones or my trusty old ones. We hadn't had enough snow so far for me to even use my new skis and I was hesitant to ski a race on skis I hadn't used before. I finally decided on my new ones and hopped in the car to head for "00".

Olympics.

Two hours later we pulled into the parking lot of Riverbrook Ski and Bike, the old Seely Ski and Bike, to get my bib and start time. As soon as I opened the door I was overcome by nerves. I wanted to turn around and go home right then. Having never been to a CXC race before was hard enough, but the only skiers I saw in the room were wearing Junior Olympic and Community Olympic Development Program (CODP) jackets. I recognized many of them as being the ones who had beat me by quite a bit in other races. If I had stopped to think about it I would have realized that they were all older than I was.

By the time I got to "OO" I was a nervous wreck asking myself why I was there and getting really psyched out and worried. My Dad and I checked out the start/finish area and tested my wax. Eventually I ran

into a couple of girls I knew from summer camp and started talking about the race. I found out that it was their first race and they were really nervous also. Knowing this I started to feel a little better. By the time the race started I had regained my confidence. I

went out hard and finished strong.

My morning of nerves progressed to a fun filled day and a wonderful experience. I was very positive even though I placed 14 out of 16. I felt strong and that I had a great race. In the car back to Eau Claire I said to my family, "That was awesome, I am going to work at it and come back next year. There is no way anyone can stop me."

Apparently Mother Nature took that as a challenge and ceased to provide us with snow. I'm trying to hold true to my statement and work hard. I've been skiing as much as possible, and trying to get myself motivated to run and rollerski when there is no snow. *

Madnorski Growth Chart

By Jim Coors 350 □ Total 300 ■ Junior 10 250 ☐ Family Membership Individual 139 200 130 96 110 150 207 100 190 165 159 144 133 122 110 102 50 0 1994 1995 1996 1997 1998 1999 2000 2001 2002 Year

Book it For Next Year!

By KAY LUM

or the past several years, I had heard about a short 10k "fun" ski race that goes from Ashland to Washburn called "Book Across the Bay". It was always the week before the Birkie, and we always felt that that was a long way to go the week before the Birkie, especially since we usually had been driving up north just about every weekend prior and usually drove up to Thunder Bay the week after the Birkie. This year was different. My hubby Harry and I were desperate to ski on some "really good" snow, which has been scarce this year. We must have been the only ones from Madison that hadn't skiied at ABR in Ironwood Mich. yet this year. So, we decided to make the trek to Ironwood. Conveniently, Ashland is just a hop skip and a jump from Ironwood, so what the heck, we decided to Book it to Book Across the Bay. I looked at the web site and noticed that they had a costume division... hmm...interesting. Anyone who knows me knows that I occaisionally like to wear costumes, and that Harry will wear just about anything I tell him to (its in our pre-marital contract).

The race is a blast! It starts at 6pm. You drive to Washburn, then they bus you to the start in Ashland where you can wait for the start of the race in the beautiful Chequamenon Hotel! At race time, the sun was just beginning to set, so we watched the sun finish setting as we skiied across the Bay. As the sun set, the stars came out! It was wonderful! Ice luminaries made by many, many volunteers were marking the route for the skiers and snowshoe-ers! They are made by freezing water in large bucketsthey weigh about 70 lbs. each!



Gina Interrante, Brian Watzke, Kay and Harry Lum pose for a local reporter in Washburn at the end of the "Book Across the Bay" ski race, still donning their costumes they wore while skiing. Heck, if ya can't win for speed, go for looks!



Paul and Karen Matteoni were seen rehydrating after the rugged 10k course.

Well, Just when you think it can't get any better, they started to shoot fireworks off from Washburn! That's the first time I've ever seen fireworks while skiing! Wow! At the 5k mark, they had a bonfire and hot chocolate—we stopped of course! At the end of the race, they had a huge bonfire, a heated tent complete with food, beer, and music. Oh yea, they had an awards ceremony too, guess who won the "spirit" award? Gina Interrante and Brian Watzke, dressed as "Team USA" with huge flags on their backs (I guess Brian wears whatever Gina tells him to too!). They claim they will beat us next year... we'll just have to wait and see... *

We have to admire First Lady Judy for standing by her man, but her recent protestations as to her husband's innocence are plainly not credible.

"Jimmy's a wonderful man—very honest and hard-working. He'd never do anything wrong," she said in a recent interview with Katie Couric.

"What people don't understand is that we're suffering, too. We had to lay off three of the servants at our Valhalla Townhouse. And now we won't be flying first class on the Norway trip, we'll just be in coach

RECALL (CONTINUED FROM PAGE 6)

with the regular schmoes."

We have to wonder about Vanden Brook's innocence, though, when we bear in mind that, last November and December, as the club's snow debt became too big to hide, he and his cronies sold their Mad-NorSki stock while continuing to lure members with free beer and promises of "fabulous prizes."

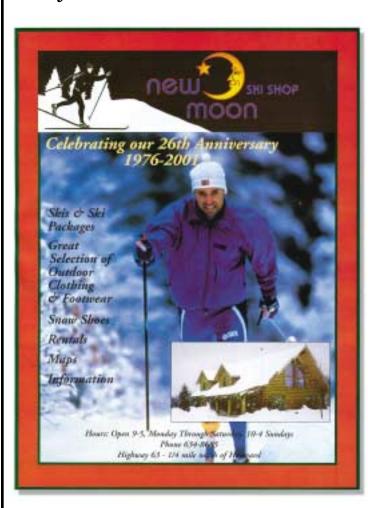
Last week, allegations emerged that Vanden Brook may also have cut a deal with the French figure skating judge so that she would vote for the Russians. In return, the Russian ski team allegedly supplied Vanden Brook with darbepoetin just in time for the Birkie. Club member and elite racer Ken Lambrecht was an official at Soldier Hollow and had unbridled access to all the racers and their medicine chests. Coincidence? What do you think? So, was Vanden Brook a crook, or just plain stupid? The jury is still out on that question. In the meantime, there's one thing we as club members can do to clean house and put an end to our snow drought: throw the rascal out! *



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2001 — 2002 MadNorSKi Junior Directory

COMPIED BY DON FARISS



hese are the questions that were asked of the members of the Madison Nordic Junior Ski team:

- 1. Favorite subject
- 2. Number of years skied
- 3. Number of years raced
- 4. Name an athlete you admire
- 5. Name any heroes you have
- 6. What is the best part of your skiing?
- 7. What needs work?
- 8. Why is skiing fun for you?
- 9. What other sports or hobbies do you enjoy?
- 10. Favorite music type or group?
- 11. Favorite food
- 12. Favorite movie
- 13. What should your teammates know about you?
- 14. What one word would your friends use to describe you?
- 15. What one word would you use to describe yourself?
- 16. What is your best skiing/winter memory?
- 17. Do you have a favorite ski race?
- 18. What should MadNorSki members and fans yell to cheer you on in a race?
- 19. Anything else about you we should know?

Want to check in on the Juniors? Check out their basic events web page at http://madnorski.tripod.com (note: there is no "www").

John Buechner is a sophomore at West

Parents: Steve and Janet
1) Math 2) 0 3) 0 4) Michael Jordan 5) any professional athletes 6) roller skiing 7) everything 8) environment and the people 9) football, basketball & baseball 10) rap / Nelly 11) pizza 12) The Rock 13) I love to have fun 14) cool 15) friendly 16) downhill skiing 17) none yet 18) Beakys!



Amanda Durkin is a junior at LaFollette Parents: Bill and

Janice Nicknames: A.D., Durkin, Manda,

Giggles
1.) Choir, English
and Science 2) 3
3) 3 4) Christina

Clark and Jason Koch 5) Kyle Groff, Mulan, Steve Wehmeyer and Patrick Murphy 6) my double pole, and I have falling down to an art 7) Foot placement, weight shift and

managing to remain in an upright position 8) The team (I love you guys! and having an excuse to play in the snow under the stars 9) CC, track, drawing, singing, debate, forensics, writing, being out with friends, watching movies and practicing with my band. 10) Anything & everything but opera and really twangy country 11) Those Taco Bell Quesadillas, ice cream & Twizzlers. 12) Legends of the Fall, A River Runs Through It... and many, many more 13) I'm a very fidgety person who always has to be doing or planning something. 14) Social Butterfly 15) Spontaneous 17) Badger State Games and High school Champs18) Anything as long as it's loud! 19) I'm very open and more than willing to help out anyone I



Louise Jones is a freshman at Memorial Parents: Greg and Linda Mullunzi 1) Art and science 2) 11 3) 10 4) Lance Armstrong & Ben Cline 5) Lance Armstrong 6) classic stride,

double pole 7) V2 and V2 alternate 8) I love being outside in the snow and exercising 9) running, soccer, rowing, art and reading 10) rock, metal 11) pasta! 12) Little Nicky, Life is Beautiful, Blues Brothers 14) strange 15) Different 16) skiing in the Keewenaw in March on 4ft of snow in a t-shirt 17) The Birkie/Korte 18) Anything positive that comes to mind.



Emily Ricker is an 8th grader at Hamilton Parents: Brad and Carol Nicknames: Em or Emmy 2)11 3) 5 4) Dominique Moreanu 7) everything! Balance on hills 9)

soccer, Irish dancing, gymnastics 10) pop! 11) pizza 13) I love skiing, but HATE the cold! 14) social 15) nice 16) winning Howard Young cup under10 17) Badger State Games



Nicole Schiesser
is an 8th grader at
Hamilton
Parents: Lee and
Lorraine
1) Spanish 2) 0
3)0 4) Mia Hamm?
5) my friends 6)
not falling over 7)
classic skiing 8)
because I learn

new things and meet new people while improving my skills 9) soccer and volleyball 10) everything 11) Chinese 12) Robin Hood: Men in Tights 13) I work hard and try my best 14) Kind 16) When I went downhill skiing at the age of 8 18) I don't know, come up with something. 19) not really



Ansel Schimpff is an 8th grader at Hamilto Parents: Jeff S. and Theresa Stabo 1) Math 2) 11 3) 4 4) Bill Koch 5) Bjorn Daehlie 6) skiing downhill backwards 7)

classical skiing 8) Racing-I like it 9) mountain biking and fishing 10) Blink 182 11) pizza 12) Monte Python (all of them) 13) I like to have fun 14) hyper 15) energetic 16) Skiing 8K when I was 4 years old, with a family friend at Razorback. He kept me entertained with funny stories about fishing and summer camps, so I never complained about being tired or hungry! 17) BSG 18) whatever they want 19) I like to have fun.



Hans Stege is a senior at West Parents: Kurt and 1) Russian 2) 5 3) 5 4) Tim Storm- a local rower 5) Wolverine, my sister 6) mental

8) I like sliding over the snow (ie, skiing) 9) Crew, Jazz band 10) Hard Rock 11) pizza 12) Godfather, Cool Hand Luke, Great Escape, Fugitive 13) if you hear me mumbling, I'm probably swearing in Russian 14) Anything with four letters in it 15) Spiffy 16) One is sledding down the hill at Minoqua 17) **High School Championships 18)** Depends on where you're standing: if you're near

the end, tell me to start sprinting. 19) I do webdesign, so if you need a site, email me-hans@newtheory.net



Amanda Zach is a sophomore at Middleton Parents: Peter and Linda 1) Anything 2) 0 3) 0 9) CC, track, snowboarding 10) Rock 11) I don't have one 12) Cruel Intentions 14)

Crazy 15) Crazy 18) anything



Michelle Zach is a sophomore at Middleton Parents: Peter and Linda 1) Orchestra 2) 0 3) 0 9) CC, track, snowboarding 10) Pop 16) last year, when I started snowboarding

15) anything



Nicole Zach is a sophomore at Middleton Parents: Peter and Linda 1) Art/ music 2) 0 3) 0 7) my arms need to be stronger 8) the roller skis 9) I enjoy CC, track,

snowboarding 10) All kinds 11) Pizza 12) Save the Last Dance 10) A lot of energy 11) outgoing 12) fun 13) snowboarding for the first time 15) anything

Not-For Profit Riddle Solved

BY WALTER MEANWELL

any of you have been extremely generous toward the club over the years. Your continued financial support is crucial if the club is to continue to flourish. We wanted to be able to allow you to make tax deductible contributions for the periodic fundraising campaigns that we have. These campaigns are separate and distinct from your annual dues. None of the current cash flow structure of the club would change. As you recall we have donated money towards the new shelter at Elver and purchased grooming equipment for Blue Mounds and Elver. These were big ticket capital campaign type items. This is the type of thing we are talking about.

At the Feb. 11th meeting the club voted (unanimously) to begin an alliance with the Wisconsin Nordic Sports Foundation. One of our MadNorSki board members would go on their board. They are a well respected and established nonprofit organization dedicated to the advancement of Nordic sports in the area. We have used them in the past for fundraising. They are

most closely affiliated with the Blackhawk Ski Club.

Here are our advantages:

- 1. They are an established non-profit that has been around for years.
- 2. They would love to have us.
- 3. It would save us the \$2,000.00 (min.) that we were going to spend to become a non-profit. Not to mention the ongoing accounting fees.
- 4. They have a strong and well respected board.
- 5. All contributions made to the foundation would be tax deductible and then distributed to
- 6. It could lead to better coordination and cooperation with the Blackhawk Ski Club.
- 7. You can continue to drink beer at the club meetings.

If it doesn't work out we can walk away with no money invested and no liability. So that's what we are going to do. Again, thank you for your past support. *

Wanna Help Governer **Dodge State Park?**

Friends of Governor Dodge State Park Receives 50/50 Matching Grant For Much Needed Snow Grooming Equipment at the Park!

he Friends of Governor Dodge State Park (GDSP), directed by new MadNorSki member Stuart Rudolph, applied to the DNR last fall for a \$2,780 matching grant for a Tidd Tech Tenderizer and Tracker, which are pulled behind a snowmobile to grade and set a track for classic skiing. This is a much needed and much better piece of equipment than the 15year-old homemade tracker the park has been using for its 17 miles of trails. GDSP has developed a past reputation for more of a "backcountry" style of skiing — long and scenic trails, but often disappointingly groomed (i.e. slow and shallow tracks).

The matching grant works like this: the DNR will match 50/50 up to the total amount of the grant for the purchase of this equipment, which would then be donated by the Friends Group to the park. They need to raise \$1,400 this year to make the dream of better tracking for classic skiing a reality at GDSP for next season.

We have been quite active at the park, conducting clean-ups, candlelight skis (third Saturday in January), and outdoor awareness events. The group has partnered with other groups to achieve specific goals, such as Wisconsin Outdoor Access, a climbing advocacy group which helped the Friends clean up areas near climbing cliffs and other spots in the park. Stuart, who spoke at our February 11th meeting, is asking for our help in this area that is near and dear to us — better grooming! Please help by sending a check made out to the Friends of Governor Dodge, 4175 SR 23, Dodgeville, WI. 53533. Please mark on your check "Ski Groomer." The contribution is 100% tax deductible. For any questions on the Friends group or the grant, call Stuart Rudolph at 608-935-4737. For questions about the grooming equipment, call John Arthur at the park, 608-935-2315. *

- WHAT SEASON IS THIS? -

Frustrated Skier Has a Brainstorm: Ski — Bike — Ski Biathalon

COMPILED BY KAY LUM

oe King is not only our web site guru, it appears he is also our "exhibition events coordinator". Since the weather has been sadly low on snow and high in temperatures, Joe suggested we do a trial run of a bike and ski event where skiers transport themselves, skis, poles, and boots on their bicycle. He cleared his idea with Elver race coordinator Ned Zuelsdorff just before the 2nd Elver race. It appears to have been a success!

EVENT DESCRIPTION:

Beginning Ski at Odana: The timed event begins with 2.4 km ski at Odana Golf Course, then Bike from Odana to Elver. After skiing the main loop at Odana, entrants proceed to Elver Park by bicycle. Entrants must carry all of their skiing equipment with them (approximately 3 miles). The route leaves from the Odana parking lot by taking the service road south to the SW Path. Turn right on the path, proceed over the Beltline and turn right onto Hammersley. Take Hammersley to Elver Park (being careful when crossing McKena).

Finishing Ski at Elver: Upon arriving at Elver, proceed to the south side of the warming house where you must sign the liability wavier before skiing the final 5K.



It appears that Scott Bachmeier and Joe King need to practice putting their bibs on, precious time... wasted!



Lined up and ready to go at Odana Golf course, the competitors in the first ever Ski-Bike-Ski Biathalon from left to right are: Scott Bachmeier, Eric Pearce, Dino Lucas, Mark Harms, Mike Cockrem, and Joe King.

JOE'S BIATHALON RULES:

- You must agree to sign the liability waiver before starting the 5K at Elver Park
- You must transport yourself, your skis, your poles, and your ski boots by bicycle from Odana to Elver Park
- You must obey all applicable traffic laws
- You must yield to pedestrians on the bike path & bridge

Joe said that the bike ride was incredibly smooth. The cyclists started out by getting themselves, bike and gear over a 30 foot stretch of hard packed snow to reach the bike path from Odana. Once on the path. the only light is what they brought with them. This was not a problem because two thirds of the path width was completely clear of snow and ice. After crossing the over the Beltline highway on the bike bridge, the cyclists took straight shoot on Hammersley road to Elver Park. Hammersley is a wide road and there was little traffic. He had the added fun of catching up with Scott just has he arrived at Elver, his blinking red light providing much needed motivation.

Six crazy people entered this first-time event, they were: Scott Bachmeier, Eric Pearce, Dino Lucas, Mark Harms, Mike Cockrem, and Joe King. Here are a some testimonials from the competitors:

"My favorite moment had to be when fellow MadNorSkis warming up along the course cheered us on: 'Go, biathletes!' For one brief moment in my life, I felt like, well, an athlete."

— Scott Bachmeier

"A great alternative to the cancelled BSGs Quadrathlon. 100% pure lunacy, 100% pure fun!"



Joe King enjoys the final leg of the biathalon at Elver park. (After he managed to get his bib on, that is!)

ABOUT THE TRANSITION AT ELVER PARK: "It was almost as if for one moment, I was in the Eco-Challenge coming in to a checkpoint during the middle of the night."

— Eric Pearce, 3rd place finisher>

"I'm really happy with my result since I was trying for a top ten finish. I kicked hard at the end and ended up with sixth place! Of course it helped that there were only six people entered."

"When I arrived at Elver I asked some one for the time of day and she replied, '20 after.'" I said, '20 after what hour?' Her answer of 20 after six told me that I had overestimated how long the Odana Ski, transition to bike, and bike ride to Elver would take by about twenty-five minutes! At that moment I felt really dumb. I was happy to learn that, despite my miscalculation, Ned and Jimmy had it all under control.

— JOE KING

Joe stated that he was really impressed with how well everyone thought out what it is they had to do during the event. Of the six, four of used biking shoes while the winner Mike Cockrem and Scott Bachmeier rode their bikes wearing ski boots. Four in the group transported their skis & poles on their back while, Eric and Joe attached them to their bikes. Eric says he was visualizing every part of the transition from ski to bike while skiing the loop at Odana. *



Scott Bachmeier takes a moment from his "biathelete" status to keep a sense of humor.



Still smiling at the end, from left; Mike Cockrem (the winner), Joe King, Mark Harms, and Scott Bachmeier. Below, Dino Lucas demonstrates one way to "portage" your ski gear.



COURAGE (CONTINUED FROM PAGE 1)

...THERE'S MY

WIFE JUDY

RINGING THAT

BELL. SHE JUST

MADE ME FORGET

EVERY NEGATIVE

тноибнт I нар

OVER THE LAST

46K.

case. My kick wax was not working well and grip trumps glide on the Birkie trail. I felt myself beginning to plod when along came MadNorSkis from the waves behind who cheered me up and on. In fact, I think I was cheered by every Madison skier who started out behind me. Who knew there were so many in the suitcase?

At about 35K I realized that the

single apple-fritter I had for breakfast might not have been enough. And, as my energy levels waned, I felt my new tights beginning to creep down at the waist. I had the impression that, from behind, I must have looked like a refrigerator repair man with low riding jeans. Shaking out the suitcase at this point produced only a dirty pair of undies and some crusty socks. I needed more than that.

It was becoming apparent that this would be my slow-

est Birkie in fifteen years. The track was getting softer and softer, and it seemed that all I had left was an empty, heavy steamer trunk for my bag of tricks.

Then I remembered following that older Norwegian guy who pulled away from me by striding out of the tracks. At 40K I tried it and suddenly I had grip on the uphills. Duh! Old Norwegian guy:

one; Doofus American guy: zero.
So, finally, up that last twisting climb past Highway 77 and down to the finish with nothing but fumes in the tank. Feet hurt, quads hurt, triceps are fried, but gotta make a final push. Anything I missed in the suitcase? Of course! There's Randy, who finished ages ago, yelling his lungs out and his wife Lori

who is here for her first Birkie experience. And crossing the line right next to me is old pal Gino, still smiling for the photo op. But best of all, there's my wife Judy ringing that bell. She just made me forget every negative thought I had over the last 46K.

In retrospect, my performance was more memorable in an instructive sense than for distance over time. This humbling experience is good every once in a while. I was able to

enjoy the races of lot's of folks who floated by and said hello. So, the 29th Birkie is history, number 19 for me, and I'm looking forward to getting my Birch Legs next year. At the start next year I'll just have to remember that there's more in the suitcase than a person might think. Fast or slow, it's the folks you've folded in there that count. *

FIS Denies Age Group Request

By JEN EXER

In an unprecedented move the governing body of nordic skiing (FIS) has denied entry into the 50-54 age group for stylish Wisconsin skier Jimmy Vanden Brook. An FIS spokeswoman listed the top 5 reasons for this groundbreaking news, and added that 5 was darn sure enough reasons.

- 1. He has spent the last 25 years behaving like a 25-year old.
- 2. Wisconsin's 50+ age group is oversubscribed with a big waiting list.
- 3. He could apply as a female, but he must take a test—no word on who would conduct the test.
- 4. Lacks the wizened look
- 5. Can still remember where he put his wallet. (Mr. Vanden Brook wants to appeal this, referring to the "OO" Incident.

One of the local leaders in the 50+ category, Jim Coors, added that is seemed everyone wanted a piece of this age group—it used to be a relaxing place—now there's all these kids running around!

Contacted by a reporter, Jimmy commented, "I have all the paperwork in order and went through normal chanels, it's unfair to deny me advancement into the next age group. I spent an eternity in the 40's!

Comments from the club:
"Jimmy, the 50's will go by much
faster than the 40's"

"Jimmy, try the 60+ category"

"Jimmy can't turn 50 without a
giant, embarrasing party."

"Jimmy, work on a limp, maybe drool a little, learn to play Euchre"

*

DID YOU EVER WONDER...

...What our webmaster Joe King looks like? Well, we are revealing his identity! Thanks for all the hard work you do, Joe! *



Scandinavian Cup Trip

BY BEN CLINE

Mell, what can I say? It was an experience to remember. There was lots of adventure as well as new things to learn. Of course, the trip had its drawbacks — like the traveling! Just to give you the low-down: 3 hour drive from Madison to O'Hare airport; plane ride from O'Hare to Copenhagen — about 9 hours; plane ride from Copenhagen to Trondheim, Norway—3 hours; then the drive from Trondheim down to Lillehammer, where we stayed for the majority of our trip was 6 hours. Whew! That was enough to get me exhausted, not to mention the next four nights waking up around 3:30 in morning because of jet lag. No worries though, the whole team of 12, despite being a little tired, were all in good spirits and excited to be in Norway.

Three nights from when we first departed from the U.S. we finally arrived at our destination resort called Sjusjoen; about 20 km up the mountain from Lillehammer. There were probably 200 km of groomed ski trails right out our back door. Everyone was excited, even though we had a few people getting sick the first couple of days. Sjusjoen was absolutely gorgeous. Mile upon mile of groomed ski trails through one of the smaller rolling mountain ranges in Norway. And plenty of snow—about 4 feet! There were hundreds of small cabins and vacation homes along the ski trails. In the winter time the only way to get to them was by perfectly groomed classical tracks. Ski trails literally replaced roads!

There are two basic elements when it comes to Norwegian cooking, fish and potatoes! Yep, the first morning we were there, we dined on homemade bread, funny looking brown cheese and every sort of concoction of herring and sardines you could come up with. Don't forget the liver paté. There was pickled herring, herring with mustard, and herring with ketchup as well as these three combinations with sardines too. The jams and preserves were quite good, but got a little old when all I could stomach was that and crackers in the mornings. For dinner? You guessed it, Salmon and potatoes and sometimes with some sausage. Pretty standard continental hotel meals in Norway.

Enough about the food, how

about the town of Lillehammer? We spent a lot of our afternoons shopping in town as well as visiting the Olympic facilities. I could tell right away why it was such an appealing place to hold the Games. It reminded me a little of Door County. Possibly Sister Bay, only blanketed in a winter wonderland and in the valley of a mountain range. There were a lot of neat little shops and restaurants throughout the town. It definitely had that kind of homey, vacation atmosphere.

The ski stadium was every bit as exciting, we skied several times on the Olympic trails, including a very hard interval workout. The trails were a lot harder than they looked on TV! Massive hills everywhere. The flattest terrain was in the stadium itself.

As for our races, the J1 Scandinavian Cup races were held in Gjovik, about an hour south of Lillehammer heading towards Oslo. On the way, we stopped in the Swix factory and got to see how all the wax is made, along with the poles. Further down the road, we got a tour of the Madshus factory and saw in detail all the steps in the ski making process. It was pretty cool.

The races were held the last weekend that we spent in Norway, and two days before my first race I became incredibly sick with a bad case of the stomach flu—hurling, and diarrhea. It wasn't pretty, and it lasted for 24 hours. I couldn't eat anything for the entire time I was sick. My first race was the sprint, and I could tell that I just didn't have the energy in me. I finished 3rd best American in 24th place. I was a little disappointed with it, as well as the rest of the races that weekend. The flu had hit me at the wrong time, but it was a great experience despite of my health. The best part of the trip was the camaraderie between all 12 of the male & female athletes. We all became very good friends, which was awesome. Hopefully, we will see each other a lot down the road in what I hope is the beginning of a very successful ski career.

Qualifying for the trip to Norway was definitely one of the biggest highlights of this unusually short racing season, and I hope it foreshadows great results to come at the Junior Nationals in March. *

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Relative Speed	With Brake	Writinoud Briske
#11-SEIS Enduro Ski 15 Average Sn	ow 5350	5320
#11-SE2S Enduro Ski 2S Slow Snow	5357	5327
#11-SE33 Enduro Ski 3S Very Slow :	Snow \$364	5334
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Rela	tive Speed	With Broke	Without Brake
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#HI-8828 SISU 2000	28 Slow Sec	S297	\$267
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This is for the committed roller skier. This boot uses the same technology as the Salomon ski boots. Thus, you get the performace of a inline boot with the feel and forward flex as the Racing Skate 9 cross country ski boot. The wheels and mils are also include so, you can roller skiand skote with the same boot. Specify sizes 3.5-13 (available in half) states.

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Junior Sizes: 150, 160-170 cm

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AND NOW FOR SOMETHING COMPLETELY DIFFERENT:

Team MadNorSki Races West

BY WALTER MEANWELL



The crazy skiers, from Left to Right: Walter's cousin Scott Cooper, Walter himself, Tim Tofte, and Mike VanSicklen. The hats are really neck quiters which were sewn by Tim's 11 year old daughter, Tricia. They were a big hit!

f you are looking for a different type of event to spice up your life you may want to consider the Elk **Mountains Grand Traverse** race from Crested Butte to Aspen. Four Mad-NorSki's headed out last March and ended up running into club V.P. Willi Van Haren in C.B. . Willi graciously agreed to provide support and encouragement to the 2 teams. The race starts at 9,000' and crosses two 12,000' passes as it winds through the mountains to Aspen 40 miles away. It was beautiful when we did it but it would be hellish in a storm. I'll reprint the Race Rules from the entry form so you can get a feel for what's involved. They are as follows:

"Due to the extreme nature of this event, only teams of two will be able to compete. Each team will be required to carry the equipment necessary to sustain them for 24 hours. All teams will have their gear checked and judged. This gear must remain with the racers untill the Aspen finish line, where it will be checked again.

1. Backcountry skiis with at least ¾ length metal edges and boots/bindings designed for ungroomed backcountry terrain are absolutely necessary. There will be

no evacuation.

- 2. Each team must carry enough survival gear and supplies to spend an unsupported winter night in the backcountry at altitude.
- 3. You should know that your pack must include:
- a. Food and water for 18-24 hours.
- b. First aid kit.
- c. Avalanche rescue gear (probes, shovels, beacons).
- d. Bivvy sacks, warm clothes and/or a sleeping bag and pad.
- e. A stove, fuel and a pot to melt snow and create drinking water.
- f. Maps and compass, headlamps and spare batteries.
- g. Spare bindings, pole baskets, tools and supplies.
- h. Extra clothes, goggles, sunglasses and other personal gear.

The race starts at midnight. It can get really cold. The predawn temp. below the first pass was -15 degrees when we did it. Plan to be in motion for up to 18 hours. Bring a blister

kit. Given all that, it really is a lot of fun. It is incredibly beautiful. Those interested can get more information at www.elk mountaintraverse.org Team MadNorSki was the only team from the flatlands to finish. *



Walter was wiped after the 18-hour ordeal!

North End Classic Attracts Classy Crowd

SUBMITTED BY MADELINE URANECK, WITH RON BERGIN

With a sudden premonition that the Birkie was not going to perk for sure this year, I jumped in my car late one Saturday evening and drove wildly toward Hayward, Wisconsin.

An e-mail I'd received that week, from a fellow named Ron Bergin, promoter par- excellence of all events North Woods, said that there was a race the next day, called North End Classic.

Dear old Telemark Resort. The 1,000 skiers from the previous day's Pre-Birkie had mostly gone home, leaving just a muddy parking lot of 100 cars and a motley crowd of 200 skiers, many speaking Minnesotan. But what a race. The sun shone down brightly, and the small number of inches of snow deserved grooming awards. It was unbelievable, in fact, that there was barely any snow along the roadside, but substantial piles of it in the ski tracks.

It was a day of which ski fantasies are made. No coat, no hat, no klister, skis that zoomed in the tracks, and woods full of happy skiers. The 23Km course was a modification of the Birkebeiner's new Kortelopet Trail — just enough uphills to be challenging and enough downhills to be joyous.

Congratulations to all involved in organizing this second annual event, the post-, pre-Birkie. According to Ron Bergin, registrations increased 25% over last-year's inaugural event. Funds from the race will go toward the North End Ski Club in Cable, which is responsible for the development and maintenance of the North End Trail Head and trail system. Taking away a beautiful wooden sculpture for winning the event was eighteen-year old Doug Stafki of Stacy, MN whose skis caught fire for 1:05:10 (2:53 min/km), and who blazed in a minute and a half ahead of his nearest competition. Among the women, 30-year old Abbigal May of Duluth, MN, scored a time of 1:15:52 (3:22 min/km), four minutes ahead of the woman behind her. The event now stands as a Kortelopet qualifying event. *



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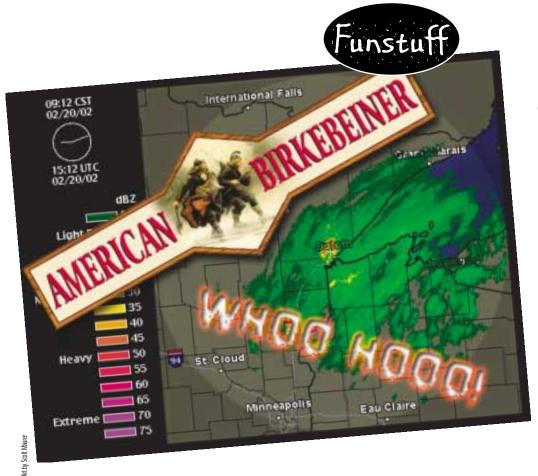
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The Birkie That Almost Wasn't!

irkie-bound skiers everywhere were delighted to hear about the big dump of snow that landed 8-16 inches of snow in northwest Wisconsin mere days before the 2002 American Birkebeiner Ski Race was scheduled. The previous days of warmth and rain had threatened to shorten, then cancel the race completely! Untrained skiers from southern Wisconsin (and Iowa, Illinois, Minnesota...) made the trek and did their darndest and skied the 46.5k race that felt like a REAL full length 51k Birkie! Congrats to all! *

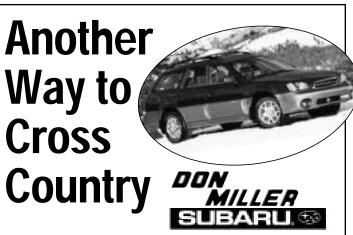


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- TWO RACES HELD SO FAR ... -

Rare Scenes from Elver...



JoEllen
Torresani
(at left) and
Carol Ricker
(at right)
show just how
much fun you
can have skiing
a race at Elver
Park. (When
there is snow,
that is)





Carolyn Senty and Ann Pollock kindly volunteer at an Elver race, which we all know they would really rather have skiied! Thanks to both of them for donating their time!



र्द्धि is it Superman? Or could it "Superskier" Tom Kaufman है flying down the trail at Elver?



Brett Larson concentrates on his technique... or maybe he is wondering if he can fit his daughter AND the twins that are on the way behind him in a sled while he skis?

Blackhawk Ski Club Open to Madnorski

BY WALTER MEANWELL

Plackhawk ski club has had very reliable snow since mid December they make it on their hills and on their jumps. Blackhawk offer two types of annual memberships. "Tow" memberships permit use of one of the four rope tows (\$125 for single, and \$250 for family). "Non-tow" memberships permit year-round use of the club, from cross country skiing in the winter to mountain biking in the summer (\$50 single and \$100 family).

There is a waiting list this year for family tow memberships, since the club limits these membership to 200 families, to avoid long lift lines. However, there is no waiting list for xc skiers (or families) interested in joining as a non-tow members. In addition, the club is always looking for volunteers to help make xc skiing better, such as through youth instruction, trail maintenance, or grooming. For more information, contact our own MadNorSki member, Peter Berbee at (608) 233-8721.

For more information about the Blackhawk in general, you can call 233-4661, or check out the web site at www.blackhawk skiarea.org/. Membership forms are available online. *

- DID YOU ORDER ONE?-

Walter Still Has Jackets!

id you order a MadNorSki jacket or fleece jacket? Well, the order is in. But, Poor Walter — his office cleaning people threw away all (and I mean all) of his notes on the coat orders. Therefore, he asks those of you who ordered coats to either drop him an e-mail (WMEANWELL@firstunion1.com) or leave him a voice mail at 238-7822 saying again what they ordered. On behalf of Walter, thank you! *

M D S 0 U В

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