

# MADNORSKI News

News for the members of the Madison Nordic Ski Club Vol. 21 No. 4



- A WORD FROM JIMMY -

## Warning — Will Robinson, Danger!



By JIMMY VANDEN BROOK, PRESIDENT



The only thing more boring than hearing the account of a skiing accident is listening to the rehashing of deer hunting stories. Don't worry though, my deer hunting consists only of bemusing,

rather than harming, the ruminating quadrupeds. So, I'll limit my ruminations to the harm I've inflicted upon myself while skiing. My recent crash during the 24 Hours of Telemark ski race will hopefully provide a lesson or two.

The scene: 6:48 pm on Saturday January 12<sup>th</sup> at the 6.5K mark of the 10K course, almost 9 hours into the 24 hour XC-ski race at Telemark, on the only downhill of note. I approached my fate with caution despite how well the race had gone so far. The 2<sup>nd</sup> annual 24 hour event hosted over 65 teams ranging from large, 6-person teams like mine (The Numb-skis) to solo-freaks who seem not quite mortal. The weather was nearly perfect with temperatures hovering around 30 degrees for most of the race. The race started at 10 am in a blur of color. Skiers were in a festive mood and exchanged friendly greetings out on the course.

The Numb-skis are a veteran organization (read old) with over 120 years of combined ski-racing experience, and though two team members had not donned their skis this year until race morning, the Numb-skis looked to defend their 5th place finish in last year's inaugural event. But, we looked forward

equally to camaraderie and the promise of over-eating all weekend. For the first 9 hours, the team was accomplishing both goals.

I was on my third 10K lap. My second lap had been a minute faster than the first and this one felt faster too. Skiing in the dark for the first time, I collected a poor soul whose headlamp had failed only 2K out. He was grateful for the light and I appreciated the company. Recalling earlier reports about deteriorating conditions on the approaching hill, which I had no trouble with the last two laps, I suggested we take the downhill carefully.

**HANG ON. DON'T  
TENSE UP. JUST  
GO WITH IT.  
WHAT'S YOUR  
WEIGHT DOING SO  
FAR FORWARD?  
#@\*!!!**

Down we went, not ripping it like before, but trying to scrub speed on the icy surface. Everything's OK. Almost down. Oops. Didn't see those bumps before. Hang on. Don't tense up. Just go with it. What's your weight doing so far forward? #@\*!!! Down and a big tumble... Total silence, headlamp askew —

Damage? No specific pain, poles OK, skis OK. Uh-oh. Right knee exposed. How bad? Three and half inch gash — Stitches for sure. Damn — needles. Hate needles.

Thirteen hours later I'm back in Mount Horeb, after a couple of over-worked UW orthopedic residents have finished admonishing me not to wreck 2 hours of their work, including 50 stitches. Back up north, the remaining Numb-skis carry on despite losing me and Reggie who drove my sorry self all the way back from Telemark during the wee wee hours. What a team mate.

Lessons learned? First, over-cautious (SEE JIMMY EATS SNOW, CONTINUED ON PAGE 6)

### OUR NEXT MEETING

Monday, Feb. 11th, 2002  
Rocky Rococo's East  
(see map page 9)

#### Agenda

- 6:30: Eat all the pizza, salad and breadsticks you care to for only \$6.50!
- 7:30: A short business meeting, videos from members (see page 9) and fabulous door prizes!

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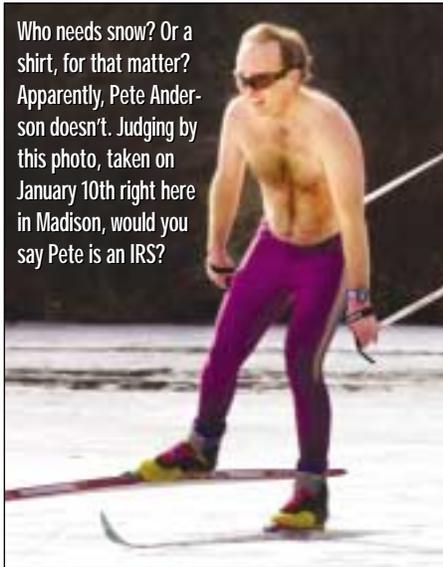
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- DO WE HAVE SNOW YET? -

# Snowless, the Case for Irrational Behavior

By WILLI VANHAREN

Ski - training protocol calls for moderation at the beginning of each season. No need to get all fired up early and use up valuable "comp" time when better skiing is ahead. Take the mischievous snow storm that blew through the North Country in late October just past. A mature thinking Rational skier saw that storm as a portent of a stellar winter ahead. The Rational skier (RS) stayed home to build up status and finish the siding, roofing, raking etc. Rational doesn't want to Burn Out! In contrast, we look at the Irrational Skier (IRS — often seen in mirror). IRS knew that 12" of snow might represent 20% of the yearly total, and some amount of skiing had better be done on it. On that October weekend a trio of experienced IRs showed up at ABR maybe just to say they skied in tracks in October. Who did they see there? Not many skiers, just the people habitually faster than them. Hmmmm, looks like they train in an irrational manner



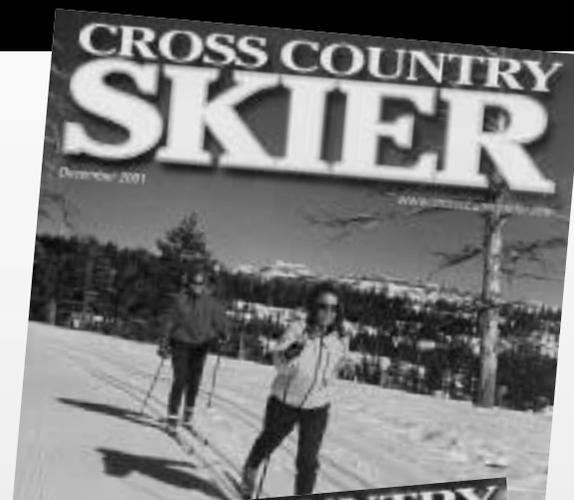
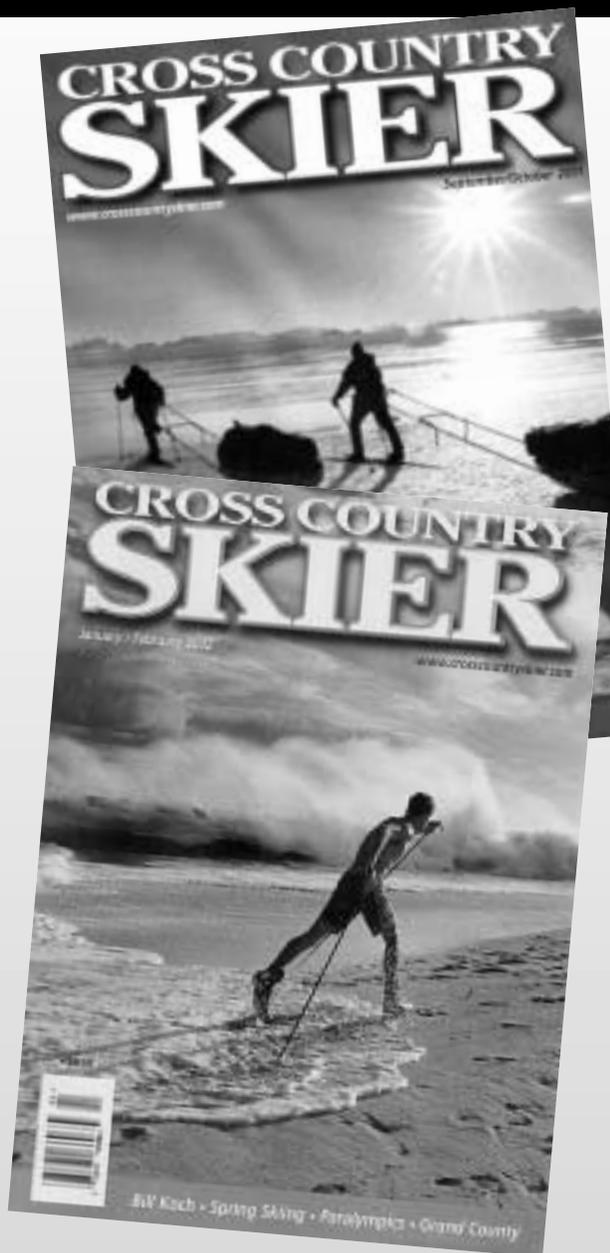
Who needs snow? Or a shirt, for that matter? Apparently, Pete Anderson doesn't. Judging by this photo, taken on January 10th right here in Madison, would you say Pete is an IRS?

also. There were two days of reasonably good skiing from that storm. Who won out on this deal? Poor Rational Skier ends up going zero k for November and is drylanding until Dec. 1st

when another storm blasts the North, surely the beginning of a long ski season. RS thinks it through, there is a race at ABR on the 8th, he'll wait and Holiday shop on the 1st and then launch the ski season on 12/8! You want to guess where wax-for-brains man is? Yes, fundamental irrational thinking has landed IRS another two days of skiing. This time there were many more people out at Telemark, ABR and Minoqua, but still a large number of skiers conspicuously absent. Were they waiting for the Demo Days Trip? (Tim, I feel for you) Some "skiers" felt conditions were marginal at this time. Irrational skier knows that for a southern Wisconsin skier, there is no such thing. If you can slide on it, enjoy it and work on your balance. So now nut-case has 4 ski days vs 0 for intelligent life. Don't fall any farther behind! Winter only happens once a year (please!) so keep your skis in the car. See you out there, smiling. \*

Wisconsin State Journal Photo

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- JUNIORS ARE ON THE MOVE! -

## Junior Update

By DON FARISS



Thanks once again to the ski club for helping the Juniors purchase more classical no-wax rock skis. They gave them "more structure" on the thin snows & grass over the Christmas holidays. Given the season up until mid-January, we will likely use them again. So thanks MadNorSkis! They won't be doin' it without you.

As of mid-January the juniors are struggling to utilize roller skis, running with poles and even double poling in tennis shoes on the ice rinks to maintain and improve fitness. The greatest difficulty is improving ski skills without snow (even on roller skis). We are trying to stay race ready and focused by doing roller skiing time trials but as many of you know, it's just not the same. Think snow!

We have 25 members on the junior "team". Although when we compete, the Wisc. High School Nordic League rules require that if there are 3 individuals of the same sex from one school, they must form their own team. Smaller groups of "orphans" may join established teams and form "coop" teams. So this year the 8 high school boys compose a coop team from Madison West. The 14 H.S. girls form 3 teams from West, Memorial and Middleton; the Middleton squad being composed solely of the Zach triplets. \*

## I Need Your Comments

By WILLI VANHAREN

If a club member in your circle of friends or family has had a memorable ski related occurrence, drop me a line at [psh@itis.com](mailto:psh@itis.com) and we'll put some of these "trailmarker" moments in the next newsletter. Now, remember you might see this person again, so be kind! \*

- WAY TO GO, BEN! -

## The Ben Cline Update

By DON FARISS

Our high-flyin' Madison junior made it! After a week of racing at Senior Nationals in Bozeman, Montana early in January, Ben Cline was selected by the U.S. Ski Team to be one of only six 16 & 17 year old males (called "J1s") from this country to go on the "J1 Scando Trip". Although he won the series opening Sprint race for his age class, it was nip and tuck until the last (fourth) race. While still feeling fatigued from his 30 kilometer race 2 days before, he encountered tough weather and classical waxing conditions in the first half of the pursuit. In the 2nd half, the next day, he knew he needed a strong showing. After starting pursuit style, he passed 35 competitors and had the 4th fastest skate time of the day in his J1 category.

From January 15-28 he will be rac-

ing in Norway competing against some of Northern Europe's best skiers his age. This trip is used as a development tool to provide talented racers with a higher level of competition and give them a taste of racing "across the Pond".

Upon his return, he will prepare for Wisconsin High School Championships February 9-10 in Rib Lake where he is the odds-on favorite this year. Ben's season peak will hopefully come the first week of March when he returns to Montana for Junior Nationals where he hopes to have his best races of the season. One of the perks of the J1 Scando Trip is that he is an automatic selection for the Midwest squad that will go to Junior Nationals. Now if he could only get someone to make up all the schoolwork he is missing for him. \*

- DATABASES ARE FUN! -

## Membership Report

By JIM COORS

We now have 284 paying members (135 families, 138 individuals, and 11 juniors). At the end of the last season (March, 2001) we had 272 paying members, so we will set another membership record this year. We have rimmed our courtesy memberships to 44, down from 52 from last year, so our current total membership is 328. Thanks to all of you, the club still thrives even without snow. Think what might happen if we actually could get back on the Elver trails!

On a sadder note, I will be retiring from Membership chair at the end of this season, and the club will need a replacement. If you like working with, or want to learn about databases, and if you want to support our club's activities, please consider volunteering for this position. I have had a lot of fun. I will be around to help if help is needed. Contact me at 231-3593 or [jimcoors@charter.net](mailto:jimcoors@charter.net). \*

.....  
*Thanks to Jim for his 3 years of keeping our membership info up to date, keeping us posted on membership info, and attending board meetings. Did I mention that we drink beer at board meetings?*



Little did Tom Woody realize at our November meeting, that this would be the last time that Jim Coors would be taking his membership check. Jim is retiring from his position as Membership Chair after this season. What will he do to fill those idle hours? Who could possibly fill his shoes, could it be you? Perhaps Tom Woody would like the position? Stay tuned. . .

# new moon ski-shop

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*Steve and Melisa and the New Moon crew wish you a great Birkie!*

Located 1/4 mile North of Hayward, Wisconsin.

# Hey! Ski Buddy! Can You Spare the Time?

By JIMMY VANDEN BROOK

**Q**uestion: What do MadNorSki members guard more fiercely than their money (or their beer at a club meeting)?

**Answer:** Their time, of course.

Most of us have busy lives, so we ski to relax and don't want our recreation to resemble a job. This understandable desire is the biggest factor that reduces the effectiveness of any volunteer organization. Our club is no exception. The quality of existing programs from KidSki, to trail development, to Club meetings depends on volunteers willing to lead or execute an activity. Coaches are needed for youth and first-time skiers. Trips need leaders, races need course monitors and registration help, and every successful initiative has to have an energetic lead contact person.

Here are a few examples of what some club members have done recently.

Gina Interrante has been the driving force behind the Ski for Light program which links ski instructors with visually impaired skiers. The instructors come from the club's ranks and need only have a desire to help. Helping visually impaired folks to ski is a gift to both student and instructor.

Liese Pfeifer decided that the club needed to organize some ski-specific dryland training during the late summer and fall. A few calls, some messages on the list server, and Liese had club members showing up at Elver every week. Training is always easier and more fun with a group.

Dirk Mason and Ben Neff thought that club members might want to show off their club identity at races by wearing a MadNorSki designed racing suit. Ben's great graphic design and Dirk's organizational talent pulled it off. The idea was a smash hit and over 40 folks will be sporting this very cool MadNorSki design by Louis Garneau.

Walt Meanwell has spearheaded two initiatives this year. He has handled a new order of MadNorSki club jackets (just arrived) and is leading a committee that is looking into the pros and cons of the club pursuing non-profit status.

Joe King, our God of the Web, not only continues to improve an award winning Web site for the club but, has created, managed, and improved the

club's list server which has become an invaluable communications tool.

Mike Ivey maintains the MadNorSki hotline (233-6235) with the latest ski conditions and event happenings.

Greg Jones and Galen Kenoyer have dramatically improved skiing for kids 4th to 8th grade level through their work with the Silver Skiers.

The racing Juniors, who continue to

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achieve new heights, owe the existence of their program to Don Farris.

Lastly, all your board members put in time to improve the skiing community. Without Pete Anderson and the other KidSki coaches, time there wouldn't be ski programs for little kids. Willi Van Haren organized two very big trail maintenance weekends at Blue Mounds State Park and at Elver. He also organized dryland ski clinics to kick off the season. Ned Zuelsdorff sought out and received over \$1,200 for Birkie style bibs and new timing software for the Elver Race Series. Nancy Hoene is our link to the various media so that the broader community knows what we're up to. John Taylor is the host with the most at our club meetings as Social Director. The administrative engine of the club, Jim Coors, handles membership which he has tracked to record numbers. Our financial guru, Hans Herweijer, maintains our books, cuts the checks, and keeps us in the black. The ever-optimistic Harry Lum courts our advertisers and has taken club promotion to a new level. Not enough can be said of Kay Lum

and the terrific job she has done with our newsletter.

While this is an impressive list of folks and accomplishments, much remains to be done and many activities are on-going and need a constant influx of volunteers. If you have an idea you can make it happen. If you can help out at a race or another event you will be most welcome. If you want to help out on the MadNorSki board we will be very happy to have your assistance and enthusiasm. Give me a call or an e-mail for more details. No salesperson will call. There's no commitment. But, if every club member put in an hour or two each year we could do some amazing things. Thanks. \*

*On behalf of all the aforementioned people, thanks Jimmy! But the biggest thanks goes to Jimmy himself, the glue that holds Madnorski together, who has time and time gain gone above and beyond the call of duty. Those are big shoes to fill!*

## JIMMY EATS SNOW

(CONTINUED FROM PAGE 1)

skiing is not only less fun, it's often not very safe. If you see yourself falling, you fall. If you're confident, you keep the bottoms of your skis on the snow. You can't avoid every fall, but you can at least not talk yourself into one. Second, skiing is a remarkably safe sport. A lot more injuries occur in biking and running events. Nobody else in the 24-hour race required a hospital visit. A dubious distinction for me I guess. Lastly, a little injury smokes out an awful lot of good will. It wasn't more than 5 minutes after I limped into the First Aid tent than a whole raft of MadNorSki's stopped by to express their concern. Thanks to you all. Skiers as a group look out for each other pretty well. Some of you know this better than me. But, most of all I'm grateful to my team for taking care of a winged mate. Go you Numb-skis! We'll be back in 2003.

P.S. I'll be rehabed for the Birkie and those downhill are mine. \*

# A New Moon Rising

By HARRY LUM

Tony Wise not only brought the American Birkebeiner to the Hayward-Cable area in 1973, he also brought in Steve Morales as his head instructor to the Telemark Lodge. After moving to Hayward with his wife Melisa, Steve served as an Examiner for Professional Ski Instructors of America. PSIA Examiners are the instructors that teach other instructors how to teach. After one season of giving instructions, all of his students were asking where to get the right equipment. So in 1976, the decision was made to open a new retail store. But what name to use? One evening, sitting around the campfire with friends after a hard day at work, and drinking a few adult beverages many names were bantered about but none really seem to fit. The moon came up over the trees of Telemark and someone said "it's a new moon tonight". That's how the New Moon Ski Shop got its name.

After the first five years of struggles in the retail market, Steve knew he needed a bigger market to sell to.

new moon  
ski-shop

THE MOON CAME UP  
OVER THE TREES OF  
TELEMARK AND SOMEONE  
SAID "IT'S A NEW  
MOON TONIGHT".

After all the Birkie was only 2500 entrants at that time. Everyone who did the Birkie stopped by but that was only one weekend a year. So in 1981 the mailorder catalog division was born. Melisa not only works at the store but handles all the mailorder business from phone questions, to

computerization of the entire system. Most orders are shipped the same day. So you can get your equipment the next day here in Madison. Their mailing list has grown to over 35,000 in their database. Every fall a new catalog is sent out. If you want your name added you can call 800-754-8685 or email [newmoon@cheqnet.net](mailto:newmoon@cheqnet.net).

Their growth is attributed to their focus on customer service. To provide the correct information and selection, to maximize their customers enjoyment. To make the correct recommendations for each type of skier they test each model of skies from beginners to the elite wave in the Birkie. They have several flex test machines to make sure each pair of skis is correctly fitted for maximum glide. They are always looking at their product mix to provided the best variety and best value for your dollar.

Stop by on Birkie weekend and say hello to Steve and Melisa. Steve still gives private lessons for only \$25/hour. It might be the right thing to do for that final Birkie tuneup. \*

## Another Way to Cross Country



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# Are You Crazy? I Guess So.

BY HARRY LUM

My wife Kay signed up for the 24 hours of Telemark in October. Several people asked me to join their team but I politely declined. I don't mind skiing and I think it would be fun to try to ski at night with a headlight but not *all* night.

Kay was in the four person team, two men two women. She was the first one to start on her team. Their plan was for everyone to ski one (10k) lap, then two laps, one lap, two laps and one lap and wing it from there. The times were posted so they could figure approximately when each person could rest, eat, sleep and get ready to go out again.

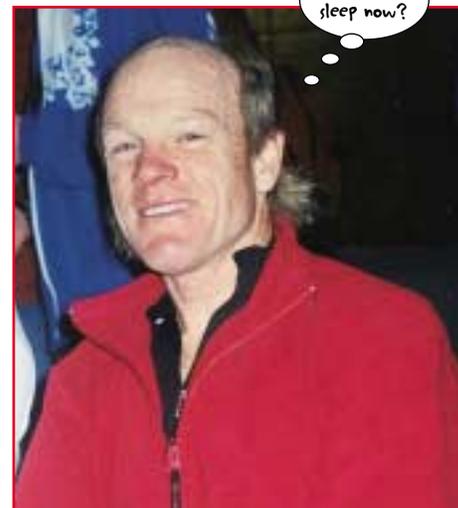
I positioned myself at the top of the hill with the Red Bull start line in the background. The gun went off and the 50 or so racers took off. Kay was near the back of the pack and looked relaxed as she skated by. Since I was not racing, I was designated photographer and personal waxer for her skis.

I went out backwards past the six kilometer marker and positioned myself at the bottom of a small hill

**I ENDED UP  
MAKING MY FIRST  
LAP MARKING THE  
TRAIL AND  
TAPING OFF  
POSSIBLE SIDE  
DIVERSIONS.**

with trees in the background. No sooner did I set up, the leader came around the corner skating with powerful strides and looking smooth. Almost immediately came the second place skier around the corner. Then came a 34 second break before the next big pack of skiers. The first lap and two teams already had a big lead! Kay came along with a big smile on her face and my camera jammed. I thought my

day was done so I started skating back to the lodge and that's when I ran into Kevin Eccles, the head of Team Sports who sponsors this crazy event. He gave me a handful of flags and a roll of yellow caution tape to make any additional markings for the course. During the daylight, the course was easy to follow, but in the night, I thought that I myself could make a wrong turn, so the skiers probably could too. I ended up making my first lap marking the trail and taping off possible side diversions. As I approached the lodge again, I saw



Club member Chris Ransom reclaimed his first place title, skiing as a 1 person team, completing 330k (That's 204+ miles!) At one point, 2nd place finisher Michael Schmitz was ahead, so Chris poured it on and did a 7 hour stint with no rest. Now I know why they call it the "Solo Freak" category! Wow!

Phil VanValkenburg and Dave Robb as one finished the other took off. They were one of only 3 teams in the classical division. Dave complained the tracks were a little thin, with grass slowing him down.

Then I remembered that we had seen Phil the previous weekend with a contraption he created — a shovel attached to a ski pole — he would ski along and use the shovel to add snow to thin spots in the Telemark trail system. So I ended up on the 10k loop with Phil's "shovel-pole" filling in bare spots. Of course all the bare spots are on hills and I had to take my skis off several times to shovel. I yelled words of encouragement as skiers went by. Everyone had a smile on their face and many appreciated the work I was doing. Even though I was not competing in the race, I was now a part of it. So I kept throwing snow on the trail and packing it in before the sun went down.

Wearing bib number one, Chris Ransom went by me six or seven times and I picked up the nickname of "snowman". He looked like he was floating on the snow, not skiing on the snow. It was funny, people kept thanking me for a little shoveling and I kept thinking, "at least I don't have to ski for 24 hours!"

I finally made it to the second rest stop when I saw Jacky Budweg, captain of Kay's team. She told me that I was suppose to get back to the lodge



The "Peaking Turtles" accept their 3rd place medals in the Big Team Category! Left to right are Madnorski members Cris Halverson, Tom Woody, Tom Kaufman, Dirk Mason, Willi Van Haren and Mike Ivey. (If you're wondering about their team name, ask them!)



One of only 3 teams that braved the low snow conditions and entered the classical division, "Dumber than Dirt" teammates Bill Lontz, Phil VanValkenberg, Gerry Wright and Dave Robb proudly wear their 2nd place medals! They squeaked by the 3rd place team, completing the same amount of kilometers (260) but doing it just 5 minutes faster!

and wax my wife's skis! I was tired — I didn't realize I was out there the whole day! I skied back to the lodge in the dark to put fresh wax on her skis. (I also knew I could have a few adult beverages and get some sleep while the night was just beginning for the skiers.)

The next morning it worked out that Kay was going to finish the last lap of the race for her team. So I did a ceremonious last loop with my wife, just so I could ski with her a least a bit this weekend. The trail was still in good shape but I heard the one hill was icy at night and took out our President — "50 stitch-Jimmy". But on this last lap, the course was in great shape considering all the skiers and how many laps they did. I skied ahead of Kay with 3k remaining to take a picture of her crossing the finish line. She still had a big smile on her face.

If you keep blaming your skis because they are not waxed right, think of this: Chris Ransom did 33 laps, 330 kilometers in 24 hours, on rock skis and did not wax. Waxing is over rated.

If you're looking for a training weekend for the Birkie and you want to have fun sign up for next year. I'm even thinking of signing up — but only for the 12 hour version, I still can

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AFTER I'M DONE.**

whoop it up after I'm done. My hat goes off to Telemark and Team Sports for pulling off a well organized race, keeping it safe and fun for all involved. If you don't think you could ski, volunteer — they always can use another snowman. \*

Dave Robb digs into the cake at the awards ceremony, thinking it was there in honor of his birthday (which happened to be that Saturday). Was his mistake due to lack of sleep? Or perhaps Dave is always sort of that way? Happy belated birthday, Dave!



## Important Club Meeting Info!

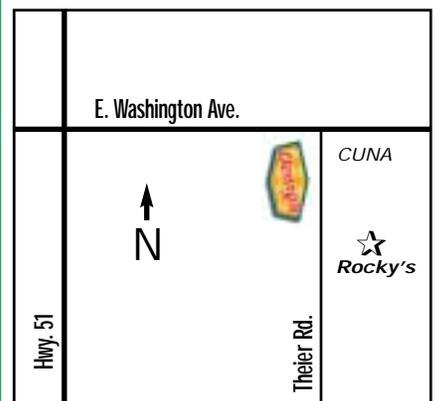
Hey all you Madnorskis! Our annual Pizza-eating February meeting is at **Rocky Rococo's EAST!** (see map below — we will be in the back theatre room.) Rocky's west was booked already, so all you east-side members have no reason to be late! For a mere \$6.50 you can partake in all the pizza, salad, breadsticks, soda, and yes, the club favorite, BEER you care to consume!

**We are also asking you to bring your ski videos!** Please have them cued up to the part you want to show — and be warned — we have to limit each video to 5 minutes, so we can show them all!

We will also try to squeeze in a short business meeting. See ya there, hopefully there will be some snow! \*



**Rocky Rococo East**  
1753 Theier Road  
241-8001



**Hint:** take East Wash East from Hwy 51, turn right at Denny's. (Rocky's is the old Sergios for those dancers out there.)

# 2001 — 2002 MadNorSki Junior Directory

COMPIED BY DON FARISS

These are the questions that were asked of the members of the Madison Nordic Junior Ski team:

1. Favorite subject
2. Number of years skied
3. Number of years raced
4. Name an athlete you admire
5. Name any heroes you have
6. What is the best part of your skiing?
7. What needs work?
8. Why is skiing fun for you?
9. What other sports or hobbies do you enjoy?
10. Favorite music type or group?
11. Favorite food
12. Favorite movie
13. What should your teammates know about you?
14. What one word would your friends use to describe you?
15. What one word would you use to describe yourself?
16. What is your best skiing/winter memory?
17. Do you have a favorite ski race?
18. What should MadNorSki members and fans yell to cheer you on in a race?
19. Anything else about you we should know?

.....  
*Want to check in on the Juniors? Check out their basic events web page at <http://madnorski.tripod.com> (note: there is no "www").*



**Brittany Alioto** is a sophomore at Memorial  
**Parents:** Phil and Laura  
 1) science 2) 0 3) 0 4) Suzy Hamilton 5) Superman 6) I'm not sure yet 7) the part where I fall down 8) It's exciting 9) CC running, ballet 10) anything 11) chocolate cake 12) The Little Mermaid 13) I might not ski very well, but I'll try 14) friendly 15) me 16) jumping off the roof into big piles of snow 17) not really 18) just tell me it's almost over



**Rider Clauss** is a sophomore at West  
**Parents:** Allen and Arrietta  
 1) science 2) 0 3) 0 4) Lance Armstrong 7) everything 9) Running, biking 10) Dave Matthews band 11) Pizza



**Ben Cline** is a senior at West  
**Parents:** Joe and Susan  
 1) Art 2) 14 3) 3 4) Lance Armstrong and Bjorn Daehlie 5) John Koski 6) everything 7) everything 8) It just is 9) cycling, mountain biking, running 10) classic rock 12) Gladiator 14) busy 15) busy 16) downhill skiing in Alta, Utah 17) Kortelopet 18) whatever you want 19) I like to ski and hang out with friends.



**Sam Crossley** is a freshman at East  
**Parents:** Allen and Karen  
 1) Biology 2) 10+ 3) 3 5) friends, parents, grandparents, uncles and aunts 6) my rhythm while skating 7) my classical technique 8) It's fast, fun and pumps the adrenaline 9) soccer, swimming, being with friends 10) R&B, Hip-hop 11) Mexican food 13) I may look shy or timid at first, but once I start talking I seem to be fun to be around 14) outgoing 15) leader 16) sledding for hours in the dark up in Minnesota 17) I really enjoyed the Kortelopet this past winter 18) not much, it may break my concentration



**Marta Drew** is a sophomore at Milton (yes, she comes all the way from Milton)  
**Parents:** Skip and Wendy  
 1) History and Spanish 2) 13 4) Lance Armstrong 7) classic technique

8) being outside in the winter 9) mtn. biking, downhill skiing and snowboarding 10) Bon Jovi and Nelly Furtado 11) Gyros 12) Remember the Titans 14) caring 15) friendly 16) the first Jr. Birkie when it was very warm, rainy and wet 17) Kortelopet



**Kristin Gallagher** is a junior at Memorial and Girl's Team Captain  
**Parents:** Tom and Sue  
 1) Science 2) my whole life 3) 6 4) Antonina Anikin, Lance Armstrong 5) Hope Stege 6) Technique 7) my attitude during tough races 8) I love the excitement and exhilaration of racing and traveling as a team 9) CC running, swimming, biking 10) Hip-hop, R&B, Craig David 11) yogurt 12) Top Gun, Shrek, Save the Last Dance, Dirty Dancing 14) Talkative 15) Reliable 16) Howard Young cup last year- skiing on the trails in total darkness with my pajamas on 17) The Noquemanon 18) You're doing awesome, Kristin, stay focused!! 19) I'm good at Spanish, so if you need help, let me know!

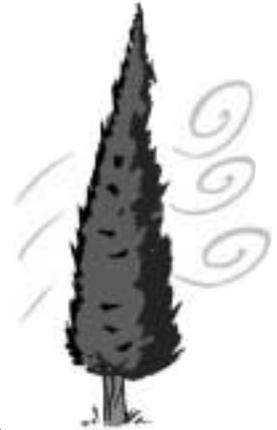


**Kelly McClurg** is a sophomore at Memorial  
**Parents:** Tim and Rhonda  
 1) English 2) 0 3) 0 5) my cats 9) yoga, soccer, ice-skating 11) dill pickles 12) Arsenic and Old Lace 13) I have never skied before



**Nathan Schiesser** is a sophomore at West  
**Parents:** Lorraine and Lee  
 Nickname: Nate 1) Math 2) 0 3) 0 4) Kobe Bryant 6) workout 7) everything 8) I get a good workout 9) Cross Country running, basketball 10) Rock and From Zero 11) Ice cream 12) Enemy at the Bates 13) I love a good workout 14) The rock 15) the machine 16) haven't had any yet 17) no 18) nothing- it distracts me

# If There is a God, There will be a Birkie!



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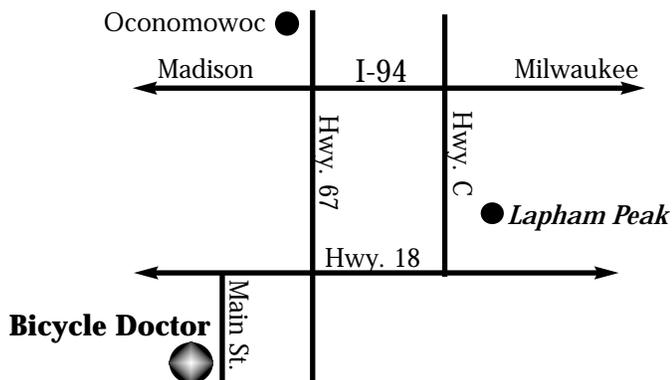
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- A BIT OF HUMOR -

# WOW! What will they think of next? — Snowmaking?

MADISON, WI

The Madison Common Council unanimously adopted a new winter maintenance program for Elver Park designed to increase winter bicycling opportunities. The policy drafted by alderperson Jim Silver was quick to gain approval. Karen Holster, an alderperson on Madison's west side, was happy to agree with alderperson Silver for a change. "I'm pleased that he offered this because this could make some of my proposals seem less ludicrous," Holster shot out when asked about the policy.

The policy was drafted to address concerns raised by cyclists over the snow removal policy in another part of town. The Southwest Path was created to promote commuting by bicyclists and pedestrians. Bicyclists complained, however, when the path was plowed to the width of a standard sidewalk. The five foot width is too narrow to allow oncoming cyclists to pass one another safely, according to winter cyclists. Alderperson Silver characterized the complaints by cyclists as nothing more than leftist claptrap. "The few hundred cyclists that commute in winter are votes I already own. What they need to realize is that

by pandering to a dozen or so skiers, I solidify my hold on office," the alderperson was quick to point out. The newly adopted policy drafted by Silver is in fact designed to balance out the needs of both cyclists and skiers.

**THE POLICY  
CREATES... WINTER  
MOUNTAIN BIKING  
OPPORTUNITIES  
ALONGSIDE  
CROSS-COUNTRY  
SKI TRAILS.**

"Whereas the Southwest Path policy provided access to recreational skiers on the commuting facility, this new policy does the opposite," beamed Silver. The policy creates, for the first time in the known world, winter mountain biking opportunities alongside cross-country ski trails. One side of the lighted trails at Elver will be groomed for skiing as is usual but the other half

will be prepared for mountain biking. Silver explained that after a snow fall of more than two inches fresh gravel would be dumped on the right hand side of the ski trails. "So cyclists have nothing more to complain about," alderperson Silver concluded.

The Mayor indicated that, like Silver, she's in favor of getting as many votes as possible but was unsure of the budget implications. When asked if she was considering a veto of the measure she replied, "We'll have to take a look at it."

— JOE KING

- IT'S ALWAYS SOMETHING! -

## Did You Order a Jacket?

Did you order a MadNorSki jacket or fleece jacket from Walter Meanwell? Well, the order is in. But, Poor Walter — his office cleaning people threw away all (and I mean all) of his notes on the coat orders. Therefore, Walter asks those of you who ordered coats to either drop him an e-mail (WMEANWELL@firstunion1.com) or leave him a voice mail at 238-7822 saying again what they ordered. On behalf of Walter, thank you! \*



## SEND US YOUR PHOTOS!

Got a good picture of a ski adventure? See something funny that is snow or ski related somehow? Submit it to us, our staff of experts will decide if it's suitable to print! This could be the start of a new career for you! (If you take a digital photo, save it at the highest resolution possible.) Call Kay at 608-249-0186 ext. 110 for more information. Think Snow! \*

## 2001-02 MadNorSki Meeting Schedule

Board Meeting	Club Meeting	Meeting Theme	Meeting Agenda	Club Meeting Location	Newsletter/ Ad Deadline
Wednesday Jan. 30 TBA	Monday Feb. 11, 6:30 pm	Birkie war stories/ Birkie alternatives	Ski Videos Pizza!	Rocky Rococo's	<b>January 14</b>
Wednesday Feb. 27 TBA	Monday Mar. 11, 6:30 pm	Racing wrap up	Awards & Potluck	Shorewood Community Center	<b>February 11</b>

## Please Write!

The Madison Nordic Ski Club Newsletter is published five times annually. Submit articles via e-mail to: [jpvanden@mhtc.net](mailto:jpvanden@mhtc.net)

See the schedule for deadlines. If you don't meet the submission deadline, there is no guarantee that it will get into the newsletter. \*

# ~ PLANET XC ~ Get Great Year-End XC Ski Prices NOW!



## GERMINA

### A. Germina SXC 901 Skate

The race proven laminate construction race ski with the new geometry. The SX 901 skate ski allows for excellent gliding and stability and is a fine choice for all trail conditions. Sizes: 175-195 cm #11-G901S ..... **\$159** Junior sizes **\$119**

### B. Germina SXC 901 Classic

The race proven laminate construction ski with the new geometry. The SX 901 class ski allows for excellent gliding and stability, This is the classic ski of Olympic and World Champions. Sizes: 180, 190-210 cm #11-G901C ..... **\$225.00**

### C. Germina RX 801 Skate

Skating race skis with proven laminate construction technology. Sintered base with race-ready microstructure finish. Sizes: 175-195 cm #11-G ..... **\$150.00**

### D. Germina RX 801 Tri- Step

The same ski as the RX 801 Classic, but with the new GERMINA Tri-step technology. The Tri-Step offers easier gliding and a surer kick because the no wax pattern is less aggressive on the ends of the glide zone and more aggressive under foot. Tri-step is the simple, but uncompromising solution to difficult waxing conditions. Sizes: 180, 190-210 cm #11-G ..... **\$115**

### E. Germina TR 200

Affordable basic model suitable for every terrain with lightweight wood core construction and epoxy sidewalls. Available with simple pattern only. Sizes: 130-170 cm, all 10 cm increments. #11-G ..... **\$48**

## SALOMON CLOSE-OUT BLOW-OUT

Fantastic Deals on 1998, 1999 and 2000 Salomon Boots

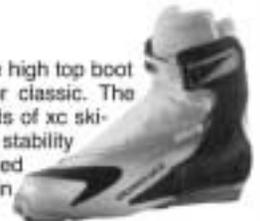


### Active 9 Skate Boot

Mid to high end boot without the high end price. Double Action Energizer for added stability and Sensifit System for added comfort and control, Fits Profil and Pilot bindings. .... **\$75.00**

### Active 8 Skate Classic Boot

An awesome all-around ski boot. A removeable high top boot that offers control for skating and freedom for classic. The Sensifit system provides comfort and added control for the demands of xc skiing. Additional features include fixed heel strap, hinged stabilizer for stability and control in the ankle, and a heat-molded insole. Recommended binding: Salomon skate and classic. Specify sizes 3.5-13 (available in half sizes). .... **\$65**



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Sizes Still Available:

Active 9 Skate Boot: Size 4 and 5 left

Active 8 Skate Classic: Size 13 1/4, 13, 12 1/2, 10, 9 1/2, 8 1/2, 5 1/2 left

# Funstuff

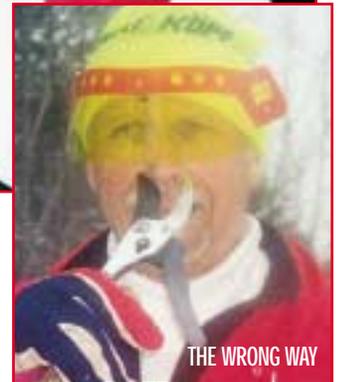


These photos were submitted by Bob Rabin, research meteorologist at the National Severe Storms Lab in Oklahoma who spends a week or so in Madison each month and has been a member of Madnorski since 1990. They were taken on the morning of Dec. 31, 2001 in Norman, Oklahoma. Bob says they had 2 inches of snow on the previous day and he actually did some skating in the fields near the local YMCA. Previous to that, they had a couple of ski days early in December with 6" of snow. The day I received this photo, he said the temperature had been in the low 70's!



THE RIGHT WAY

Telemark trail guru Phil VanValkenberg demonstrates the right and wrong way to use his "Edward Scissor Pole" invention. He skis the trail and when he sees a branch intruding onto the trail, its "snip snip" and he's on his way to the next intruder. Phil also has a "shovel-pole", to fill in bad spots on the trail, and it is rumored that he has even been seen with a can of spray snow for final touch-ups on the trail, although we cannot verify that rumor.



THE WRONG WAY





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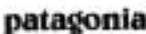


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# Some Scenes From Our Last Meeting



Dale Niggemann of Planet XC drove down from his home in the snowy north (it was that day anyway) and kindly demonstrated waxing techniques as Madnorski members watched intently.



Dirk Mason presents Jimmy with a replacement pair of Madnorski racing tights, after the nurses at the hospital turned his other ones into shorts after his fall during the 24 hours of Telemark race.



First Lady Judy Vanden Brook not only made special name tags for everyone to wear, but also brought a Birthday cake for Jimmy, who turns 50 on January 29th. The cake reflected recent events in Jimmy's life, as you can see in the detail shot. Good thing Jimmy hasn't lost his sense of humor with age!



Jimmy dons his well deserved "Good Samaritan" Award for guiding a fellow skier (who's head-light burned out) down a hill in the dark during the 24 hours of Telemark race. The other guy got down the hill unscathed, but it was a different story for Jimmy — in fact, the story appears on page 1.



# MEMBERSHIP FORM

Sign up now for the  
2001-2002 cross-country ski season!

(you can also sign up on-line at <http://danenet.wicip.org/madnord/club.html>)

Is this a renewal or a new membership?

### What type of membership?

- Individual \$15
- Family \$20
- Junior \$10 (18 or under)
- Kidski \$25 plus club membership

Additional donation \$ \_\_\_ to support local ski groups, trails, and promote XC activities

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City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

Email address: \_\_\_\_\_

*Membership information is for club members only and is not supplied to commercial vendors.  
If you do not want your email to appear in the membership list, please check here \_\_\_*

### BRING TO NEXT MEETING OR SEND TO:

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