



2004-2005 Membership Form

(We encourage you to sign up on-line at www.MadNorSki.org)

What type of membership?

renewal

new

Individual \$25

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Junior \$10 (18 or under)

Options

KidSki \$25.00

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Youth donation (specify amount \$_____)

Name(s): _____

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Email address: _____

*Membership information is for club members only and is not supplied to commercial vendors.
If you do not want your email to appear in the membership list, please check here__*

Mail to: Madison Nordic Ski Club ❄️ PO Box 55281 ❄️ Madison WI 53705



Madison Nordic Ski Club P.O. Box 55281 Madison, WI 53705

Capitol Square Sprints

January 15 & 16.
See pages 6 and 8 for details. If you're not racing or volunteering, come down and watch the fun!

MADNORSKI News

News for members of the Madison Nordic Ski Club

January 2005 Vol. 24 No. 4

MadNorSki Club Flourishes Outside Snow Belt



Dirk Mason and Walt Meanwell

So just how does a Nordic ski club grow and flourish in the face of four snow less winters in a row anyway? It is all about *you* dear member. Consider these successful club statistics: Our award-winning madNorSki.org website experienced 27,576 hits the week of November 27th.

Our youth programs continue to expand. Our new ski initiatives at Tyrol Basin experienced excellent participation for both open weekend skiing and Tuesday night races. More than half of the participants at Tyrol were thirty years or under. Club membership is at an all-time high, as are MadNorSki News ad revenues. Over half of you renewed online through our new Internet registration page. The recent club calendar and web page redesigns have been warmly received. Clothing orders are at record levels. MadNorSki athletes have been on local snow as many as ten times before

December 15th and some have had four local races on their skis. Over thirty MadNorSki form the backbone of the volunteer corps of the Capitol Square Sprints coming January 15th and 16th.

We could go on. There are many good things happening here and it is all because of your support.

We appreciate all of you that join, participate, volunteer, race, donate and ski to make Madison Nordic Ski Club a success. You demonstrate that lack of consistent local snow does not make a weak ski club. Tell a friend. Spread the word. A membership costs so little and returns so much. Thank you!



Brent Wesolek leads a giddy group of MadNorSki through an improvised slalom course at Tyrol Basin Ski Area. Man-made snow combined with good weather and a high level of participation made for a great early-season of Nordic skiing without the lengthy car trips north. See page 12 and 13 for more pictures.

January Club Meeting Monday, January 10th

Where: Lussier Natural Heritage Center

When: Social begins at 6:00 p.m. Meeting is 6:45-7:45 p.m. Social begins at 7:45 p.m.

Program: Wax Demo

Refreshments: Ice Cream!

Children: Limited child care and games will be provided.

A Thanksgiving Dream in British Columbia



Stacey Meanwell (left) and Canadian Olympian Beckie Scott take a break from the well-groomed trails and fresh snow at Silver Star, British Columbia. The woman who took this photo was none other than Milaine Thoriault, a woman on Becky's Olympic sprint team.

Stacey Meanwell

Our anticipation and excitement grew as we shuttled into Silver Star mountain resort. The multicolored Victorian-inspired village greeted us with twinkling lights, cheery outdoor music, and 40km of perfectly groomed Nordic trails. The snow called for spontaneous whoops of joy. Yes, this is the reason various MadNorSkis have made the trek to British Columbia, Canada.

“Nordic Norm” offers 3 camps at Silver Star; a two-day Technique Tune-Up weekend, a five-day Technique Camp, and a six-day Long, Slow Distance (LSD) camp. All include three more-than-you-can-eat meals each day including post-workout cookies and juice. Also included are slope-side accommodations (some with views of the Monashees), trail passes, coaching, a wax room, the high altitude training center and seminars loaded with everything you could possibly want to know about getting to that elusive “next level”.

Our timing was fortunate. The Canadian National Cross-Country and Biathlon Teams do their early season training at Silver Star. The Silver Star camps are designed to train skiers

utilizing the same schedule as the National team. The typical day shaped up with a 7 a.m. rise and shine. We ate a huge breakfast before our 8:30 morning session. We typically skied for 2½ hours and then headed in to review video footage from the morning. We had just enough time to take a warm shower and head over to refuel at lunch

by noon. We had until 2:30 to digest, recline and perhaps take in a short siesta. We launched again at 2:30 and skied for 1½–2 hours in the afternoon. We alternated between classic and skate techniques each day. The ascent from the bottom of the trail system to the summit of the mountain was a lofty 2,500 feet, so we had ample time to work on our hill climbing. One does need to be a bit bilingual to understand the gears in Canada. We have V1, V2, and V2 alt, eh? The Canadians have offset, one-step and two-step respectively. The Swedish version is my favorite though, as they put in the positive spin of “paddle-dance”, “single-dance”, and double-dance”.

V1 didn't seem as daunting when I reminded myself I was just “paddle-dancing” from 3,780' to 6,280'. I felt like I was not only training for the Birkie, but for the paddle season as well. Call it a “two-fer”. As I was in the LSD camp I was treated to two welcomed massages as part of my package. After dinner we participated in various seminars. Those with energy to spare went to Main Street to enjoy the quaint ambiance of historic Silver Star with an aperitif before hitting the sack.

Our coach-to-camper ratio was quite favorable averaging 2–4 students per coach. I had the same great coach and group all week so we really got to know one another. My coach, Tom Ole Hansen is a two-time Olympian on the Canadian Biathlon team. He is presently coaching the Salmon Arm Junior team, one of whom is headed for the Canadian National team.

We were able to ski to the Haywood Canadian Cup. We watched from three different spots that would

United States	Canada	Sweden
V1	Offset	Paddle-dance
V2	One-step	Single-dance
V2 alternate	Two-step	Double-dance

Skate technique terminology breakdown by country.

highlight various techniques while Tom narrated technique for us. It was just prior to the race that one of my Canadian groupies said “Here comes the Canadian National Team.” Beckie Scott handed skis out to her teammates while I tried to get a photo on the sly. As it turned out, there was no time for sneaky photos, so I went out on a limb and asked Beckie if I could take her photo so I could share it with our ski club. She was very gracious, but then her teammate offered to take a picture of Beckie and me. I hesitated just a nano-second before pulling in my stomach and trying to pull off a not to dorky smile with both my eyes open. I thanked her and then discovered that

2005 MadNorSki Calendar



January '05

- 4 Tuesday Night Elver Race Series; 7 p.m.
- 6 Board Meeting; 6:45. Meanwells*****
- 10 Club Meeting; 6:45. Social begins at 6 p.m. Lussier Center
- 11 Tuesday Night Elver Race Series ; 7 p.m.
- 15-16 Capitol Square Sprints
- 15 Seeley Hills Classic. Focus Hotel: Telemark Lodge
- 18 Tuesday Night Elver Race Series; 7 p.m.
- 22,23 Trip with Minneapolis Ski Club. Focus Hotel: Telemark Resort
- 25 Tuesday Night Elver Race Series; 7 p.m.
- 29,30 Nequemanon Ski Race. Focus Hotel: Nordic Bay Lodge
- 29,30 Book Across the Bay—Ashland

February '05

- 1 Tuesday Night Elver Race Series; 7 p.m.
- 5-6 Badger State Games. Focus Hotel: Hampton Inn
- 8 Tuesday Night Elver Race Series; 7 p.m.
- 10 Board Meeting; 6:45 p.m.

- 12,13 Pre-Birkie and North End Classic. Focus Hotel: Telemark Resort
- 13 Mora Vassa. Focus Hotel: Ivey's Aunt's House
- 14 Club Meeting; 6:45. Social begins at 6 p.m. Lussier Center Lower Level
- 15 Tuesday Night Elver Race Series; 7 p.m.
- 19,20 Blackhawk Sprints and Kids' Races
- 20 Ice Age Challenge Race at Elver Park; 10 a.m. NOTE NEW DATE IN FEB
- 26 American Birkebeiner

March '05

- 5 Howard Young Cup. Focus Hotel: The Pointe.
- 10 Board Meeting@ 6:45 Meanwells*****
- 14 Club Meeting@ 6:45. Social Begins at 6 p.m. Potluck. Lussier
- 13 Great Bear Chase

June '05

- 7 RSSS/Tyrol Summer Championships on Snow. This one Rocks!

Board Meeting	Club Meeting	Meeting Theme	Meeting Agenda
Thursday, Jan. 6	Monday, Jan. 10	Waxing	Wax Demo
Thursday, Feb. 10	Monday, Feb. 14	Birkie stories	Juniors fund raiser
Thursday, March 10	Monday, March 14	Racing wrap-up Pot Luck	Election of officers

the woman who took the photo was none other than Milaine Thoriault, a woman on Beckie's medal sprint team of four.

So why is Beckie Scott training in Canada for Thanksgiving when she normally trains in the States? She states that she "really enjoys the easy access to the trail from the accommodations, and because of the variety of trails to choose from for training, which can be anything from a very easy tour to world cup quality hills and terrain."

I will end with a recap of the last evening we spent at Silver Star. Beckie spoke before a large group of skinny skiers. She began with a tear-jerker video that began with her as a young girl in her snow suit. She went through age progressions from 6 to 26. It showed her face when she discovered she had just won Canada's first Nordic medal. Beckie won the bronze medal in the Pursuit race at the 2002 Salt

Lake Olympics. She was awarded the gold medal for the race following the disqualification (22 months later) of dopers Larissa Lazutina and Olga Danilova. She became the first non-European skier to win a gold medal in Nordic skiing at the Olympics and the only person in history to hold (at one time or another) the bronze, silver, and gold medals for one event. After her video, she spoke of the "magical day" in 2002. It seemed surreal to her. When she came back to the wax room, all the wax techies had tears running down their cheeks. She wound up taking Canada by storm. She received letters from cancer survivors claiming that Beckie gave them hope to continue living. She continued that she felt the outpouring was due to the fact that she is just an ordinary person who happened to do something extraordinary. She said she is "no different than we are" (hmmmm) and "we are all capable of doing something



2004-05 Board

Presidents

Dirk Mason: ddmason@charter.net
Walter Meanwell: waltmeanwell@tds.net

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Tom Kaufman: runski@charter.net

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KidSki Chair

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Trips

Walter Meanwell: waltmeanwell@tds.net

extraordinary, but it all has to begin with a dream. Then you need to take risks, and work very hard; but we are *all* capable of hitting that extraordinary level, be it gardening, our professions, athletics or what-have-you. But it all begins with a dream." So with that in mind, let's all think about coming up with a dream. Who knows what extraordinary things we MadNorSkis can do. In fact, I think we've already begun to do them!

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- A: 2224 Wild Timothy Road • Naperville Illinois 60564
- W: www.skitrab.com



Silver Star for Less Gold

Kim Thornton

If you've not yet made the Thanksgiving pilgrimage to Silver Star, British Columbia, for the all-inclusive Atomic Ski Camp, you're not alone. After all, with air fare, it runs about \$2,000. Maybe that's a bargain for six days of early-season skiing led by excellent coaches on expertly groomed trails in a breath-taking mountain wonderland. Then again, why not consider this alternative—fourteen days of skiing at the same beautiful venue for about 20% less?

Here's the catch. Instead of enjoying first-rate accommodations and eating in a fine restaurant, you'll be ensconced at the Silver Star Hostel—bunking in a 10' x 10' co-ed dorm (first with Gene, but later with Natalie) and cooking up a storm. Though the sleeping quarters are tight, the hostel is not without its charms; namely, an outdoor hot tub, ping pong and pool tables, a small library, expensive but slow Internet

access, a spacious and inviting common area and an enormous, well-equipped kitchen.

To benefit from the Atomic Camps, negotiate with Director "Nordic Norm." (An early-season trail pass, two ½ hour private lessons and participation in four full days of technique camps were under \$400).

Expect good times; on and off the snow. This club member pitched in with five hostel mates: two New Zealanders, two French-Canadians and an Englishman to cook a Thanksgiving dinner. The table groaned under the weight of our stuffed turkey with roasted potatoes, gravy, sweet potatoes, cranberry sauce and vegetables. Allen carved the turkey, or more precisely—the breast of the turkey, (the bird's extremities were disjoined manually). Pierre offered grace, Kona tasted cranberry sauce for the first time and Harry produced cold bottles of Okanagan Pale Ale.



Silver Star offers beautiful views, in addition to great snow, grooming and skiing.

Not much has been included in this report about the superb skiing conditions that prevailed without interruption during the fortnight on Silver Star Mountain. To do so, while looking out the window this mid-December morning on a steady drizzle



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January 15th

5 km Classic Criterium-style Citizen Race
Winter/Outdoor Sports Expo
X-C Ski Industry Demo
High School Sprint Relay

January 16th

U.S. Ski Team Olympic Qualifier Classic Sprint
Junior Olympic Qualifier Classic Sprint
U.S. Disabled Ski Team race



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DNR Budget Cuts; Good, Bad, or Ugly?

Joe King

The Wisconsin Department of Natural Resources (DNR) has proposed budget cuts that would eventually eliminate 8.25 positions that have responsibilities for the State Trail System. The State trails that would be impacted include, the Military Ridge Trail, the Sugar River Trail, the Elroy-Sparta Trail, the Chippewa River Trail, the Glacial Drumlin Trail, the 400 State Trail, and several others (14 trails in all). The positions that would be eliminated are responsible for trail management and in many cases trail maintenance.

The DNR plans to transition the impacted trails from DNR management to cooperative management. Typically this means that a local unit of government such as a County would take over the management and maintenance responsibilities for the trail. The DNR has about 20 such agreements in place. Examples of State Trails that are managed by local units

of government include, the Capital City Trail, Fox River Trail, Wild Goose Trail, the Old Abe Trail, and the Green Circle Trail.

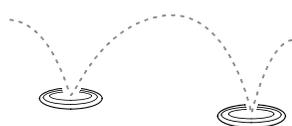
I wanted to know if we as skiers and silent sports enthusiasts should greet these cuts with enthusiasm or disdain. In reviewing the details of the DNR proposal, it comes to mind that enthusiasm might possibly be warranted. Bicyclists, who use the State trail system regularly, are well aware that only few trails are paved and needed maintenance is often slow in coming. Further advancing the idea that a cooperative arrangement is better for users, is the observation that the few trails that are mostly paved (i.e. the Fox River and the Capital City), are managed under a cooperative agreement. I happen to think that paved trails serve more uses than unpaved so I favor paved trails. However, on the more isolated trails in the system or on trails that favor

hiking, an unpaved surface is preferred.

They say the devil is in the details so I called a few people to get a fuller picture. One person I talked to is our representative on the Governor's Trails Council, Mike McFadzen. Mike represents the cross-country skiing community on the council and has come out against these cuts. His case is compelling. Mike lists three reasons for silent sports enthusiasts to be opposed:

1. Most of the remaining State Trails are in less populated regions. This means that it is extremely unlikely the DNR will be able find a partner and reach a cooperative agreement for these trails. Mike says, if the DNR does eliminate the positions needed to manage and maintain these trails, they will be left scrambling for money when no cooperative arrangement can be made.

Continued on page 10

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Capitol Square Sprints Schedule

JANUARY 15TH, SATURDAY

10.30 am-1.30pm – Open Ski & Demo (UW Children's Hospital Fund raiser)

1.30 pm-3.00 pm – Official Training (SuperTour & JOQ Athletes Only)

3.30 pm-6.30 pm – High School Sprint Relay

6.30 pm-9.00 pm – Citizen Skate Race

9.00 pm-11.00 pm - Open Ski & Demo (UW Children's Hospital Fund raiser)

SOCIAL EVENTS SCHEDULE; JANUARY 15TH, SATURDAY

12.00 pm-7.00 pm – Winter and Outdoor Sports Expo (Concourse Hotel/Race Headquarter). Presenters: Rossignol, ToKo, Fischer, Swix, Tyrol Basin Ski Area, Russian Style Ski School, Silent Sports, Master Skier, MadNorSki Club, MadNorSki Juniors, Blackhawk Ski Club, UW-Health, Atomic, Subaru Factory Team

3.00 pm-6.00 pm – UW Sports Medicine and Rehabilitation specialists consultations (open for all Capitol Square Sprints participants) (Concourse Hotel/Race Headquarter)

7.15 pm-7.50 - U.S. Ski Team & U.S. Disabled Ski Team Presentation (Concourse Hotel/Race Headquarter)

8.00 pm-10.00 pm – VIP Dinner for Sponsors, Race Officials and Elite Athletes (Concourse Hotel/Race Headquarter)

8.00 pm-10.00 pm – JOQ/High School Dance Party (Concourse Hotel/Race Headquarter)

JANUARY 16TH, SUNDAY

12.00 pm-12.30 pm – Opening Ceremony

12.45 pm-1.05 pm - Women's qualification

1.08 pm-1.38 pm - Men's qualification

2.00 pm-2.15 pm - U.S. Disabled Ski TEam 3km mass-start (men and women)

2.30-3:30 pm - SuperTour Quarter-finals, Semi-finals and Finals

4.00-5:00 pm - JOQ Quarter-finals, Semi-finals and Finals

5.25 pm-5.30 pm JOQ winner's presentation

6.00 pm-7.00 pm Citizen Classic Sprint

7.00 pm-8.00 pm Open Ski

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Jonesy's Wax Room

Waxing Classic Skis

Greg Jones

When fresh snow falls it's time to go classic skiing. That's when it is the easiest to get kick waxes to work (the waxes in the short round sticks). Snow gets transformed by repeated machine grooming and fluctuating temperatures and soon loses its crystalline structure. It then becomes very good for skating technique but harder to get kick wax to work for classic (diagonal) skiing. So, when the fresh snow is around the best choice is to diagonal stride.

Let's start by talking about glide waxing your diagonal skis. You want to apply glide wax to only the tips and tails. Roughly speaking, the wax pocket starts under your heel and extends the length of your foot in front of your binding. It helps to mark your wax pocket on your skis (see photo).

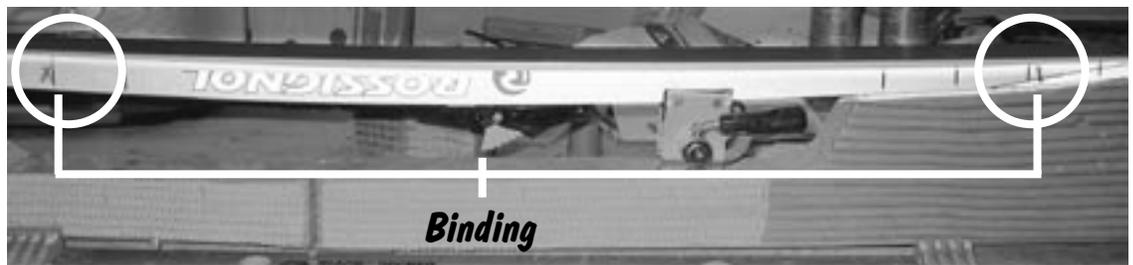
Clean the wax pocket with a citrus solvent wax remover (citrus solvent is a good choice because it is far less toxic than the other types of wax removers).

Then I like to lay some tape down over the wax pocket or at least where the pocket meets the glide portion of the ski. Do not use duct tape for this because it will leave adhesive on the base. Masking tape works okay, but what I like to use is easy-release painters tape that you can get at any paint store. It is blue and made by the Scotch Company. It won't leave any residue when you remove it. Lay it crossways at each end of the wax pocket to make a sharp edge. Iron-in your glide wax on tips and tails then scrape and brush up to the edge of the tape. Finish by removing the tape and then scrape the edge down where the tape was.

Now you are ready to apply the kick wax. To get better adhesion you can rough up the kick zone with 100 grit sandpaper. DO NOT use garnet paper

(the brown sandpaper used for wood) because little pieces of the grit can come off and imbed into your ski. The Silicon Carbide paper is better but to really be safe you can get sandpaper in ski shops made by wax companies. You can even skip the sanding all-together. After sanding, I start with a binder wax. You can put this on right away in your wax room regardless of snow conditions. This should be put on very thin. There is NO grip in binder wax it is just used to help hold your kick wax. Toko makes a wonderful green binder wax that comes in a small stick and is easy to apply. Rub some on, heat it, cork it and you are ready to apply the kick wax of the day. If you are traveling to ski, this is a good state of preparation to have your skis for the trip.

How do you know which kick wax to use? Read the temperature ranges on the tin. It is often that easy. A good



This wax pocket is marked with Xs (circled). This section of the ski will be kick-waxed and the remaining tip and tail will be glide waxed.

basic rule of thumb is to keep in mind that you can easily put a warmer wax on top of a colder wax. So, error on the side of choosing the wax that is colder (harder) for the conditions if in doubt. If that wax does not give you the grip you need, you can simply apply a warmer wax (stickier) right over it. In fact it is ALWAYS good to apply kick waxes in multiple layers. Even if you know the right wax of the day you should apply it in two-to-three thin crayoned layers with vigorous corking between layers. You do not want to see clumps of wax on your ski although my wife says not to worry too much about that. In fact, I've looked at the bottom of her skis and have seen half a season worth of wax build up (yuk!). She says it works just great. And you know what? She gets to spend more time skiing and less time fussing with kick wax.

It is always a good idea to carry a few waxes, cork, and a scraper (for icing) when you ski. If you start skiing and find that your wax is not working the general rule is: THICKER, LONGER, CHANGE. First try another layer or two of the same wax. If that doesn't work, extend your wax pocket a little longer. Only extend it from your toe though, because you never want kick wax behind your heel. If you still don't like the kick, change to a warmer wax. Then try "thicker longer change" again. If you still can't get kick after trying three or four waxes you may need to pull out that old pair of no-wax skis that you scavenged from the curb. Otherwise, learning to wax with klister is another topic that we'll discuss later.

I have a couple of favorite waxes I'd like to share with you. If the temperature is below 20 degrees (F) it is easy, most waxes work pretty well.

From about 20 to 27 degrees SWIX EXTRA BLUE is a wonderful wax. Its range is greater than what is printed on the tin. On my wax room wall, I have a poster of Gry Oftedal (a great Norwegian national skier who has won the American Birkie) kissing a tin of Swix Extra Blue.

When it gets too warm for Swix Extra Blue, I like RHODE MULTI GRADE PURPLE. It also has a wide range and it is good for the upper twenties. Once the temperature goes above thirty, kick waxing gets tricky. It may take a little trial and error to get something to work. I have had some success with Toko waxes at these temperatures. Actually, when the temperature is above 32 degrees in fresh snow you can make a pretty good case for no-wax skis.

Happy Skiing!

Any Outgrown Children's Ski Equipment Blocking Your Wax Bench?

Mark Webber

Or maybe you need to make more room for those fine new skis that Santa brought. Whichever, at KidSki our motto is "We will turn no child away due to lack of equipment." We continue to build an inventory of used ski equipment and would appreciate any donations of equipment that have been outgrown by younger members of our skiing population. Contact Mark Webber at 831-7803, or webber@chorus.net if you have equipment to contribute.



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DNR Cuts from page 7

2. These cuts could open the door to ATV use on the trails. Mike points out that local governments and various friends groups would have more control of trail policy.

3. Future trail development may end. Mike says that what is happening here is the DNR is getting out of the State Trail business. The rails-to-trails program and the development of new and connecting trails is what is ultimately at stake.

Mike's point that this decision will result in greater ATV use on the trails is hard to evaluate. This is because the DNR itself has recently decided to open one of the State trails to ATV use (the Tuscobia Trail) and we have not seen a big push for ATV use on the trails currently managed cooperatively. However, we do see ATV use on some trails that are outside of the State trail system.

Mike's other points are more compelling. It seems likely that the trails in the more rural areas of the state will suffer from a lack of maintenance or in the worst case, be abandoned for lack of funds. It is in keeping with the image of Wisconsin to maintain wilderness areas that are accessible to the public. Many of the lesser known trails, that would be impacted by this proposal, provide users with that lonely Wisconsin experience. Finally, one has to ask that if the DNR is getting out of the trail business, who would be responsible for rails-to-trails and for seeing that the trail system interconnects across city and county lines?

In the end it's your opinion that matters and I would urge you to make it known. In January, the DNR proposal to cut State Trail positions will be evaluated by the Governor and the Department of Administration. Your letters can make all the difference. You

should also contact Mike McFadzen to express your views and to share with him your letters on this issue.

Inset of relevant addresses:

Department of Administration
101 East Wilson Street
Madison, WI 53702

Office of the Governor
115 East State Capitol
Madison, WI 53702

Wisconsin Dept. of Natural Resources
<http://dnr.wi.gov/WWWFeedback.html>

Mike McFadzen
mcfadzen@msn.com

DNR Map of State Trails
<http://dnr.wi.gov/org/land/parks/specific/findatrail.html>

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for details.

Junior Skier Profiles



Ansel Schimpff, Madison West-junior

Years skied? 15
 Years raced? 9
 Why do you enjoy skiing?
 Skiing-my anti-drug
 Other sports/Activities?
 Roller skiing/Mt. biking
 Favorite Music? Green Day
 Favorite Movie? Half-Baked
 Favorite Book? Meditations- by
 Marcus Aurelius
 Favorite food? Pringles w/whipped
 cream
 Favorite school subject? History
 Favorite ski technique? V-8 (skating)

Who is your role model?
 Not Muhlegg, he's a cheater
 Favorite quote: "Trying is the first step
 towards failure."
 If you could fly, where would you fly?
 South, to find snow
 What is one word that you friends
 describe you with? sassy
 Best winter/ski memory?
 One time, there was snow on the
 ground for more than 2
 minutes...

**Aria Walsh-Fetz; Madison Memorial-
 sophomore**

Years skied? 1
 Years raced? 1
 Why do you enjoy skiing? Its fun
 outside
 Other sports/Activities?
 Football/softball, swimming, music,
 drawing
 Favorite Music? 92.1-it rocks!
 Favorite Movie? Annie O

Favorite Book? The Sight
 Favorite food Lasagna
 Favorite school subject? History
 Favorite ski technique?
 Falling down and double pole
 Who is your role model?
 Peter Pan
 Favorite quote: "Get yo' candy ass
 movin'!"—Coach Booker
 Anything else? Its not a root beer float,
 it's a Boston cooker!
 If you could, what animal would you
 be? Dragon(fire breathing)
 If you could fly, where would you fly?
 everywhere
 What is one word that you friends
 describe you with? Fun
 One word that you describe yourself
 with? Me
 Best winter/ski memory?
 Elisa and I doing our victory dance.

Continued on page 15

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Southern Wisconsin finds snow at Tyrol Basin



Tyrol Tuesday Nights brought about as many participants as our regular Don Miller Elver Race Series. Note classical tracks at right.



The final event featured a 6' bump that will be reproduced on the Capitol Square Sprints course in January. Here juniors Noah Kenoyer and Jenna Acker attack the bump on classical skis.



Daytime rain on December 7 closed the hill to downhillers. Once the groomer tilled things up, skinny skis had the run of the facility for their race. These skiers warm up in a blur under the lights.



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The après skiing scene in Tyrol's Glarner Stuba kept MadNorSkis out later than usual on three Tuesdays this year.



The MadNorSki Army attacks a small climb on the west end of Tyrol's snow during one of four weekend morning open-ski sessions. Brent Larson (right) noted that the concentration of skiers allowed him to observe other skiers' technique and refine his own. The convenience of local snow time each weekend morning left the rest of the day for other priorities.

Classifieds

Snow Palace 1 & 2: Not one but two fully-equipped ski houses are now available for rent to MadNorSki in historic downtown Ironwood, Mich. ABR, Wolverine, Montreal trails and Uller trail all within ten minutes. Email Mike Ivey for details: mivey@madison.com

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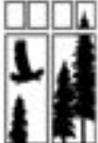


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Bryan Garfoot; Mt. Horeb-senior

Years skied? Indeterminable
Years raced? 3
Why do you enjoy skiing?
Skis go fast!
Other sports/Activities? C/C Run/
triathlons
Favorite Music? Any hardcore death
metal
Favorite Movie? Euro Trip
Favorite Book? My Pet Goat
Favorite food? Maple/brown sugar
energy bars
Favorite school subject? lunch
Favorite ski technique? Flying through
the air (V2)
Who is your role model?
Some guy—from a tattoo commercial
Favorite quote: “Reason always
exists, but not always in a reasonable
form.”—Karl Marx
*If you could, what animal would you
be?* A weasel
If you could fly, where would you fly?
Kenya
*What is one word that you friends
describe you with?* Supercalifragilitic...
*One word that you describe yourself
with?* blurry
Best winter/ski memory?
A warm, 70 degree snowball fight at
ABR

Claren McLaughlin; Lodi-sophomore

Years skied? 1
Years raced? 0
Why do you enjoy skiing? Sounded
Fun!
Other sports/Activities? C/C-track and
show choir
Favorite Music? Phantom Planet,
Rooney, Jewel
Favorite Movie? The Triplets of Bel-
leville
Favorite Book? Too many choices!!
Favorite food? Mexican
Favorite school subject? Band
Favorite ski technique?
Who is your role model? Mis Amigas!
Favorite quote: “Your life is a mist that

appears for a short time
then vanishes,”—Luke
*If you could, what animal would you
be?* Penguin
If you could fly, where would you fly?
Around the whole world
*What is one word that you friends
describe you with?* Silly
*One word that you describe yourself
with?* Creative
Best winter/ski memory? Running
through the woods with Rachel...



Corrina Jones; Memorial-frosh

Years skied? 13
Years raced? 12
Why do you enjoy skiing?
Being outside in the crisp winter air
and wonderland
Other sports/Activities?
CC-soccer-softball-hiking
Favorite Music? Rock/jazz
Favorite Movie? Shrek 1&2
Favorite Book? The Wee Free Men
Favorite food? Pasta w/Moms
homemade tomato sauce
Favorite school subject? Geometry
Favorite ski technique? classic
Who is your role model? Alice
Paul/Lance Armstrong
Favorite quote: “If You are patient
in one moment of anger, you will
escape a hundred days of sorrow.”
*If you could, what animal would
you be?* Mountain Lion
If you could fly, where would you

fly? Africa
*What is one word that you friends
describe you with?* Hyperactive
*One word that you describe
yourself with?* Energetic
Best winter/ski memory? My
family and I skied at Royal Gorge
in T-shirts at 7,000 ft.

Elisa Becker; Memorial –sophomore

Years skied? 10
Years raced? 1.5
Why do you enjoy skiing? Fun
winter activity outside
Other sports/Activities? Soccer/
football/art/music
Favorite Music? Everything but
rap/country
Favorite Movie? Miracle
Favorite Book? Dark Secrets
Favorite food? Chocolate
Favorite school subject? math
Favorite ski technique? Skating
and double pole
Who is your role model? Taylor
Melhof and Matt Berstien
Favorite quote: “Lets get’er done”-
Coach Booker
*If you could, what animal would
you be?* Jaguar
*If you could fly, where would you
fly?* Switzerland
*What is one word that you friends
describe you with?* Awesome
*One word that you describe
yourself with?* Fun
Best winter/ski memory? I finished
the Kortelopet last year and the
“Book Across the Bay”

**Additional Junior
profiles will run
in upcoming issues
of MadNorSki News**