



Madison Nordic Ski Club
3202 Lake Mendota Dr. Madison, WI
53705-1467

Indicia

Time to Renew

Its that time of year!
Renew your membership
at madnorski.org and
click on "membership"
(you do not need a
PayPayl account)
or contact Reg Breskewitz:
bruske@surgery.wisc.edu
for a membership form.

Ski Swap Saturday, November 11

Tom Kaufman

Mark Saturday November 11 on your calendars. We will hold the second annual MadNorSki Ski Swap at the Shorewood Community Center, 901 Swarthmore Ct.

This will be an excellent opportunity to find some great gear or sell some items that you no longer can use. Last year saw items ranging from kids' skis and boots, to adult racing equipment. All were very well priced and folks picked up some great bargains. People wishing to drop off items for sale may do so between 8:30am and 10:30am. The sale will start at 11:00am and run until 3:00pm. Sellers are asked to check back before 4:30pm to see which of their items sold.

Proceeds will be distributed at the December club meeting and subsequent meetings thereafter. 15% of all sales will go to the club to help support our programs. We had over \$2000.00 in sales last year and would love to top that number in 2006. So check your equipment now. If you aren't using something, chances are somebody else will want it. And if you're need of an upgrade, rock skis, or something for your kids, the Ski Swap might be an excellent place to find what you're looking for without having to break the bank.

MADNORSKI News

News for members of the Madison Nordic Ski Club

November 2006 Vol. 26 No. 2

October work days spiced with an early snow



Dirk Mason and Walt Meanwell

October felt as though it was late November or even December. With this early season cold snap and snow we had some of the early season skiing locally and winter like conditions in the U.P. This must have fired people up; we had two successful workdays; one at Blue Mounds State Park and the other with snow on the trails at Elver Park in Madison. Thanks to the many volunteers who helped out!

With the unseasonable conditions subsiding and having practiced trimming and racking on the workdays, maybe we can actually get some of our own yard work and house projects wrapped up before winter really arrives. Do not forget to go through your ski quiver and take your equipment to the MadNorSki swap on Saturday, details within the newsletter.

The ski season is just around the corner! Until then, see you at the Swap and Vendor Fair.

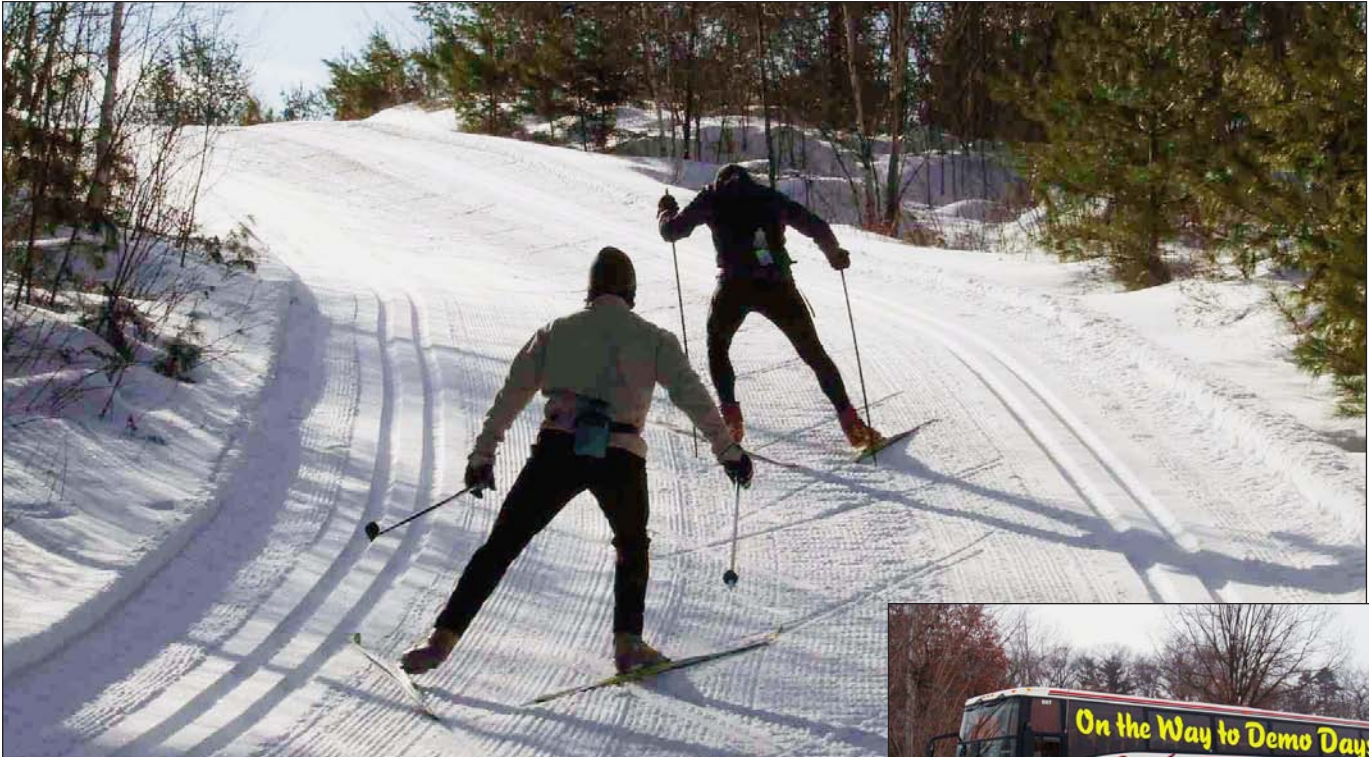
Crews doing trail work day at Elver Park had to contend with snow; a good problem to have in October! (top right), while Blue Mounds State Park trails got their share of attention as well (top inset). What a dream! (right) Mark Plane and Dirk Mason enjoy a beautiful day of early season skiing at ABR in Ironwood, MI, on October 14.



Photos: Gail Van Harren (left), Jeff Archibald (above), Eric Mason (below)



Join the club's early-season ski trip on December 16



This year's December trip will head north in a chauffeured motor coach to Minocqua Winter Park for Demo Days on the 16th. In case of poor conditions, the alternate destination is ABR in Ironwood, MI. Sign up now!



Paul Matteoni

Sign up now for the MadNorSki ski trip to Minocqua Winter Park for Demo Days! We won't be deterred by lack of snow this season; if Demo Days at Minocqua is canceled, the destination will change to ABR in Ironwood, Michigan.

\$50 check to "Madison Nordic Ski Club" gets you:

- Bus ride
- Ski pass and 5 hours of skiing on natural snow
- Guaranteed skiing; Bring your check to the November meeting or use the form below

The bus will depart lot 60, near the Nielsen Tennis Center and Walnut Street Outdoor Track / Soccer Facility at 6:40 am on Saturday, December 16 and return between 8:30 and 9:30 pm that evening.

What's provided on the bus:

- A relaxing nonstop ride, directly to the ski area.

- Enjoyable company with fellow ski enthusiasts

- An on-board toilet, in case you get over-hydrated

What to bring:

- Your skis and equipment! 75 kilometers of Piston Bully groomed terrain await you.
- Snacks and food for the ride to and from Minocqua. (Since you're not driving, you may choose to bring alcoholic beverages!)
- Entertaining ski videos (VHS format)
- Travel pillow for those who wish to conserve energy and snooze on the way up
- A lunch if you like; or purchase hot soups and sandwiches at the café
- Friends! Pass the word along to them and encourage them to send a check as soon as possible.

Here's the deal:

Bring a \$50 check to the November club meeting (or mail a check by

November 17). If we get confirmations from a minimum of 33 skiers, we'll be on our way for Demo Days! Per-person costs will be dependent on the final head count; if we exceed the minimum or go to Minocqua, you'll get a refund!

Cancellation Policy

This trip is contingent on receiving checks from 33 people by Friday, November 17. Plan to ski; checks are non-refundable. Send your check as soon as you can; "first-come, first-served" rules will apply.

If Minocqua Winter Park cancels the event due to snow conditions, we travel to ABR in Ironwood, Michigan. ABR features nearly 40 kilometers of ski trails located on over 600 acres of private land of varied terrain. A trailhead warming cabin is available, a heated wax area, indoor restrooms, changing rooms, a lunch area and a full service ski shop with demo rental and retail Fischer skis and boots and poles, Toko and Swix wax, and a full line of clothing from Sporthill, Swix, Craft, Bogs, Grande Grimbe, and Hidden Boy.



November

- 4,5 Club roller ski clinic; 9:00 am to 1:00 pm each day
- 9 Board Meeting; 6:45 p.m.
- 11 Ski Swap; Shorewood Community Center; 11 a.m.-3 p.m.
- 13 Club Meeting; 7:15 p.m. Social begins at 6:30 p.m. Lussier Center
- 28 Tuesday Nordic Night at Tyrol Basin; open-ski at 6 pm, race at 7 pm

December

- 5 Tuesday Nordic Night at Tyrol Basin; open-ski at 6 pm, race at 7 pm
- 7 Board Meeting; 6:45 p.m.
- 11 Club Meeting; 7:15 p.m. Social begins at 6:30 p.m. Lussier Center
- 12 Tuesday Nordic Night at Tyrol Basin; open ski at 6 pm, race at 7 pm

January

- 2 Don Miller Elver Series Race 7 p.m.; Registration 6:30 a.m. Elver Park
- 7 Board Meeting; 6:45 p.m.
- 9 Club Meeting; 7:15 p.m. Social begins at 6:30 p.m. Lussier Center
- 9 Don Miller Elver Series Race 7 p.m.; Registration 6:30 a.m. Elver Park
- 13,14 Capitol Square Sprints, Madison. Visit capitolquaresprints.org for info
- 16 Don Miller Elver Series Race 7 p.m.; Registration 6:30 a.m. Elver Park
- 23 Don Miller Elver Series Race 7 p.m.; Registration 6:30 a.m. Elver Park
- 30 Don Miller Elver Series Race 7 p.m.; Registration 6:30 a.m. Elver Park

Board Meeting	Club Meeting	Meeting Theme	Meeting Agenda
Thursday, Nov. 9	Monday, Nov. 13	New gear, pre-season activities	TBD
Thursday, Dec. 7	Monday, Dec. 11	Pot Luck	TBD
Thursday, Jan. 4	Monday, Jan. 9	Waxing for racing and recreation	Wax Demo
Thursday, Feb. 8	Monday, Feb. 12	Birkie stories	Juniors fund raiser
Thursday, March 8	Monday, March 12	Racing wrap-up Pot Luck	Election of officers

Club web site continues to improve

Craig Heilman

Updates to the Madison Nordic Ski Club web site (<<http://www.madnorski.org>>) are still in progress but the most visible changes are yet to come. The web site committee is working with a local web designer to totally revamp the look and feel of the site as well as restructure the entire menu system to make the site much easier to navigate. We are also bringing the site into compliance with more recent web standards. As I noted last month, the membership payment system using PayPal is now functional. Simply go to the home page, click on the "Membership" button at the top of the page, then click on the "Join" menu on the left. Select your membership type and whether you are a new

member or a renewal, then click "Add to Cart." You'll then be redirected to the PayPal web site where you can complete your transaction. PayPal accepts payments via credit card, debit card, bank transfer or another PayPal account. Note that you do not need to be a PayPal member or have a PayPal account to send payments to MadNorSki. We encourage all members to use the web site for renewals as it simplifies administration for the volunteer board members. As always, please let us know if you have any questions or suggestions (use the "Contact Us" page on the web site).



2006-07 Board

Presidents

Dirk Mason: ddmason@charter.net
Walter Meanwell: waltmeanwell@tds.net

Vice-president

Tom Kaufman: runski@charter.net

Treasurer

Duncan Bathe: bathe@sbcglobal.net

Membership

Reg Breskewitz: bruske@surgery.wisc.edu
Marge Sprecher: margies@tds.net

Race Directors

David Bell; davepbell@sbcglobal.net
Tom Galliger;
tom.gallagher@dwd.state.wi.us

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John Riley: john_riley@trekbike.com

Newsletter

Ben Neff: ben.neff@tds.net

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Jimmy Vandenbrook: jpvanden@mhtc.net

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Greg Jones: jones6601@ameritech.net

KidSki Chair

Mark Webber: mark.webber@covance.com

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Gordy Barthowome:
gbartholomew@fmserv.com

Webmaster (interim)

Craig Heilman: craigh@bugsoft.com

WNSF

Walter Meanwell: waltmeanwell@tds.net

FunSki

Walter Meanwell: waltmeanwell@tds.net

CAT SKI Clinic for Visually Impaired (V.I.)

Gina Interrante

Dale Niggemann, Cat Ski engineer-inventor, skier and instructor, along with Mike Graper, and Bev Helland –Wisconsin Regional Ski for Light organizers) paired up to hold the second CAT SKI Clinic for the VI at Elver Park on Oct. 19th from 5-7 PM.

MadNorSki members; Kay Rashka, Brian Watzke, Jim Cunningham, Paul Matteoni, Marie Heiligenstein and Linda-Millunzi Jones were on hand to guide the VI skiers. All skiers were equipped with poles, boots and Cat Skis courtesy of Niggemann. The event began with Graper giving a brief overview on "How to Guide" and Niggemann demonstrated basic CAT SKI drills to work on for the evening. The VI skiers challenged themselves on the varied terrain at Elver Park. Some skiers expressed that they enjoyed the Cat SKIS because it was easier than staying in the tracks and the guides

found out that guiding can actually be a lot of fun. To be able to work out and prepare for the ski season before the snow arrives is just the ticket for Kathy Ducat. Kathy, along with life partner, her guide, Jim Cunningham, will be competing in her first Birkie this year.

A big thanks goes out to Dale and Mike for their time and efforts for bringing Cat Skiing to VI skiers in the Madison area.

Standing Rocks, Plover, WI will be hosting the 2006 CAT SKI World Championship. Come out and compete, volunteer or cheer on the skiers. Kathy Ducat, along with guide Brian Watzke, will be competing in this event on Nov. 4th. If you need more information contact Dale at (800) 380-8412.

Kathy is trying to organize a weekly CAT SKI night at Elver. The Wisconsin SFL Organization has made four sets

of CAT SKIS available for use by VI skiers and guides in the Madison area. Used Poles and Salomon boots will be needed for VI skiers. Contact Kathy Ducat if you have used equipment you would like to donate at: kathyd@gozroads.com

The Wisconsin Regional-Annual Ski For Light, is an organized ski weekend for the visually and physically impaired. They are looking for ski guides. This will take place on Jan. 19th-21st in Rosholt, WI at the Lion's camp. This is an action packet weekend full of a variety of activities. Contact Mike Graper at grapes@tznet.com he would love to hear from you. Some of the Madnorski members who have guided in the past, will be happy to share their experiences with you. (Just ask Dave Robb, Dave Calhoun, Gina Interrante and/or Pat Conway)

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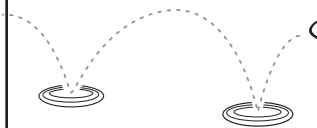
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Lodi High School Ski Team Report

Dale Fanney

The Lodi high school and middle school teams enter their second season with 17 skiers returning from last year's team and 15 new skiers. Practice begins on November 1st with dryland drills and strength testing. Peter Tonn who coached the Amery program last year has moved to Lodi and will join Dale Fanney and Don Fariss to coach the Lodi crew.

All Lodi team skiers will join the Madison Nordic Ski Club and benefit from equipment rentals and junior racing discounts as well as receive a club newsletter.

The team hopes to join the MadNorSki juniors for high school races at Elver on January 2nd and 23rd. The January 23rd race will hopefully develop into a regional high school race with Waukesha West and Oconomowoc with the support of the Madison

Nordic Ski Club's racing committee. The team also plans to attend the Waukesha Parks race, Capital Square Relays, Iola Invite, Lapham Peak/Oconomowoc Invite, Sneekvik, Badger State Games and High School Championships. Eight skiers have signed up for the Korteloppet. Look for the blue and white Lodi ski hats!

The Elver Park work day was a family affair. Brett Larson and one of the twins clear brush away (below). Sarah Lawn and daughter provide additional help (opposite page). Photos: Jeff Archibald



Some heavy
SNOW this season
would be NICE!



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Volunteer Corner

The MadNorSki Board has an opening for a **Publicity Chair**. Many thanks to our past chair, Kristi Wagner, she has relocated to Texas. This leaves us with a spot for an eager MadNorSki member ready to lend a helping hand. Should you wish to help spread the word about MadNorSki please contact Co-President Walt Meanwell: waltmeanwell@tds.net.

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